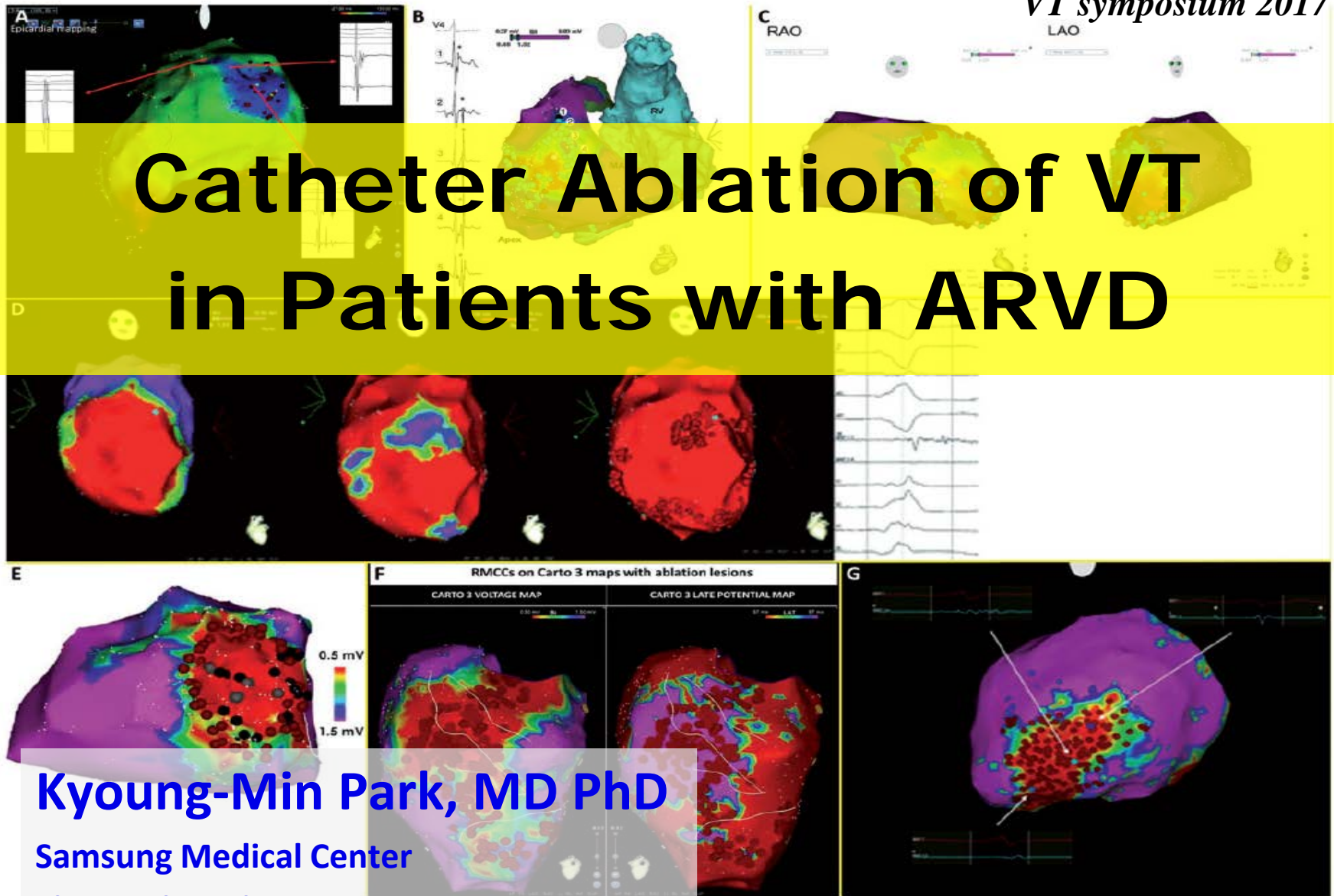


# Catheter Ablation of VT in Patients with ARVD



**Kyoung-Min Park, MD PhD**

Samsung Medical Center

Electrophysiology Program

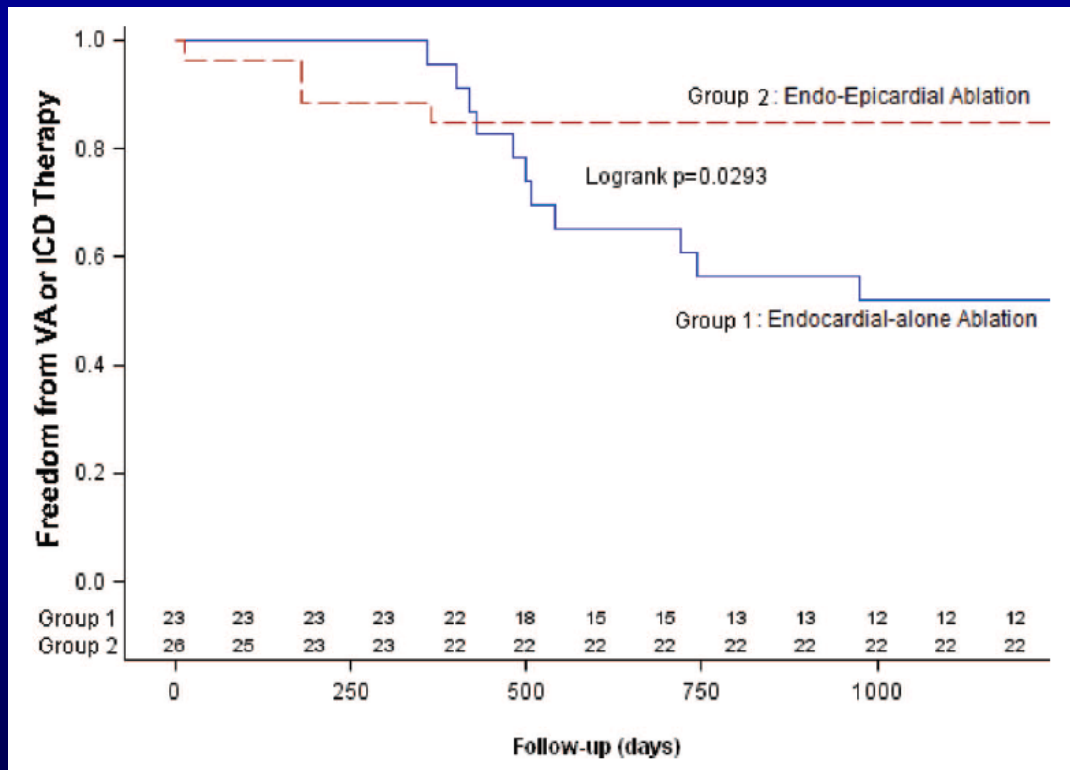
[Kyoungmin.park@samsung.com](mailto:Kyoungmin.park@samsung.com)

**Figure 3** Strategies for substrate modification of studies included (A) local abnormal ventricular activities, (B) scar dechanneling, (C) substrate isolation, (D) late potentials, (E) core isolation, (F) ripple mapping conduction channels, (G) scar homogenization. Adapted from Jais et al.<sup>5</sup>, Vergara et al.<sup>7</sup>, Tzilz et al.<sup>13</sup>, Berruezo et al.<sup>9</sup>, Tzou et al.<sup>12</sup>, Jamil-Copley et al.<sup>14</sup>, Gokoglan et al.<sup>15</sup>

# Ablation of Ventricular Arrhythmias in Arrhythmogenic Right Ventricular Dysplasia/Cardiomyopathy

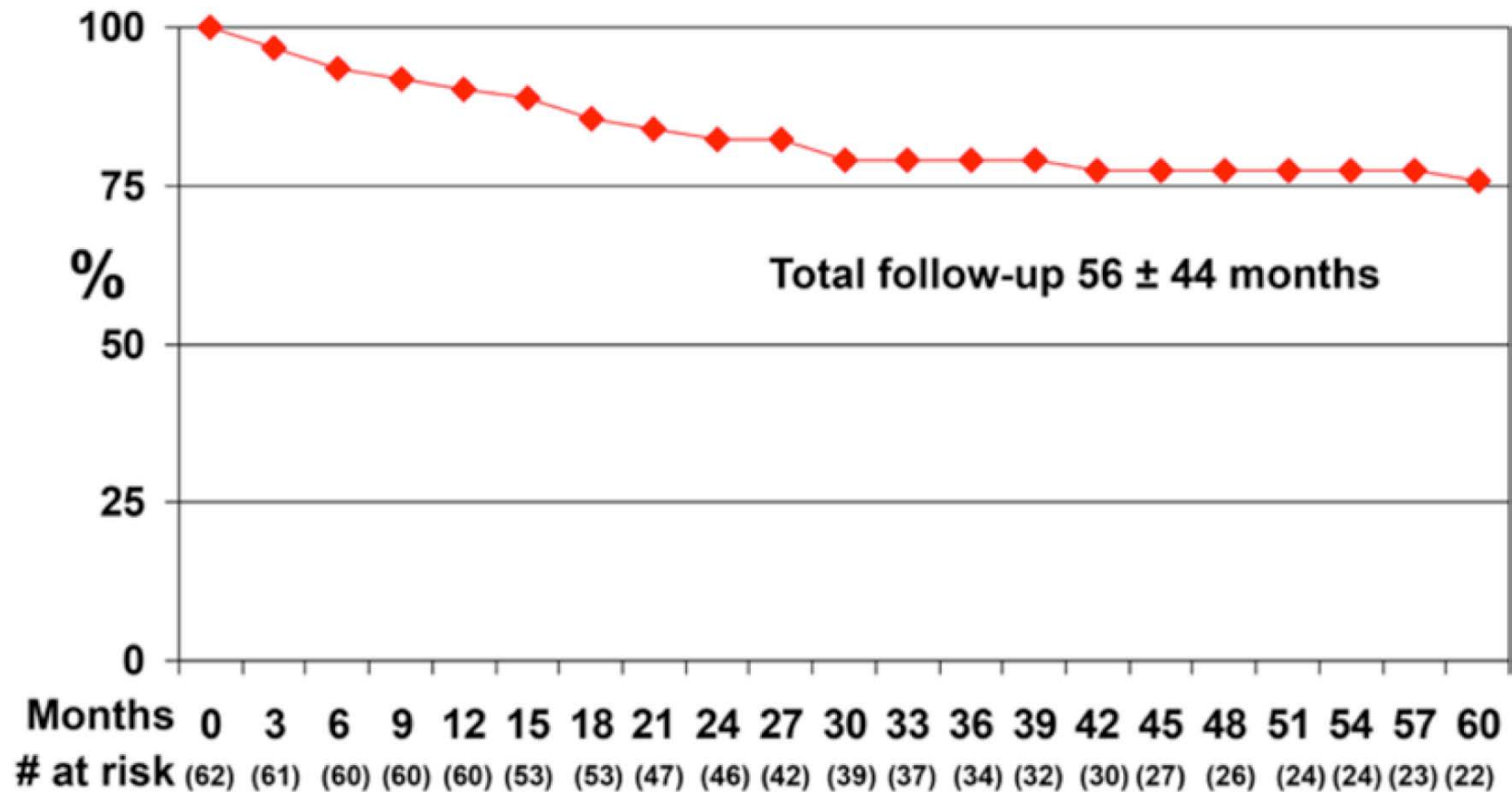
## Arrhythmia-Free Survival After Endo-Epicardial Substrate Based Mapping and Ablation

Rong Bai, MD, FHRS\*; Luigi Di Biase, MD, PhD, FHRS\*; Kalyanam Shivkumar, MD; Prasant Mohanty, MBBS, MPH; Roderick Tung, MD; Pasquale Santangeli, MD; Luis Carlos Saenz, MD; Miguel Vacca, MD; Atul Verma, MD; Yariv Khaykin, MD; Sanghamitra Mohanty, MD; J. David Burkhardt, MD, FHRS; Richard Hongo, MD; Salwa Beheiry, RN; Antonio Dello Russo, MD; Michela Casella, MD; Gemma Pelargonio, MD; Pietro Santarelli, MD; Javier Sanchez, MD; Claudio Tondo, MD; Andrea Natale, MD, FHRS

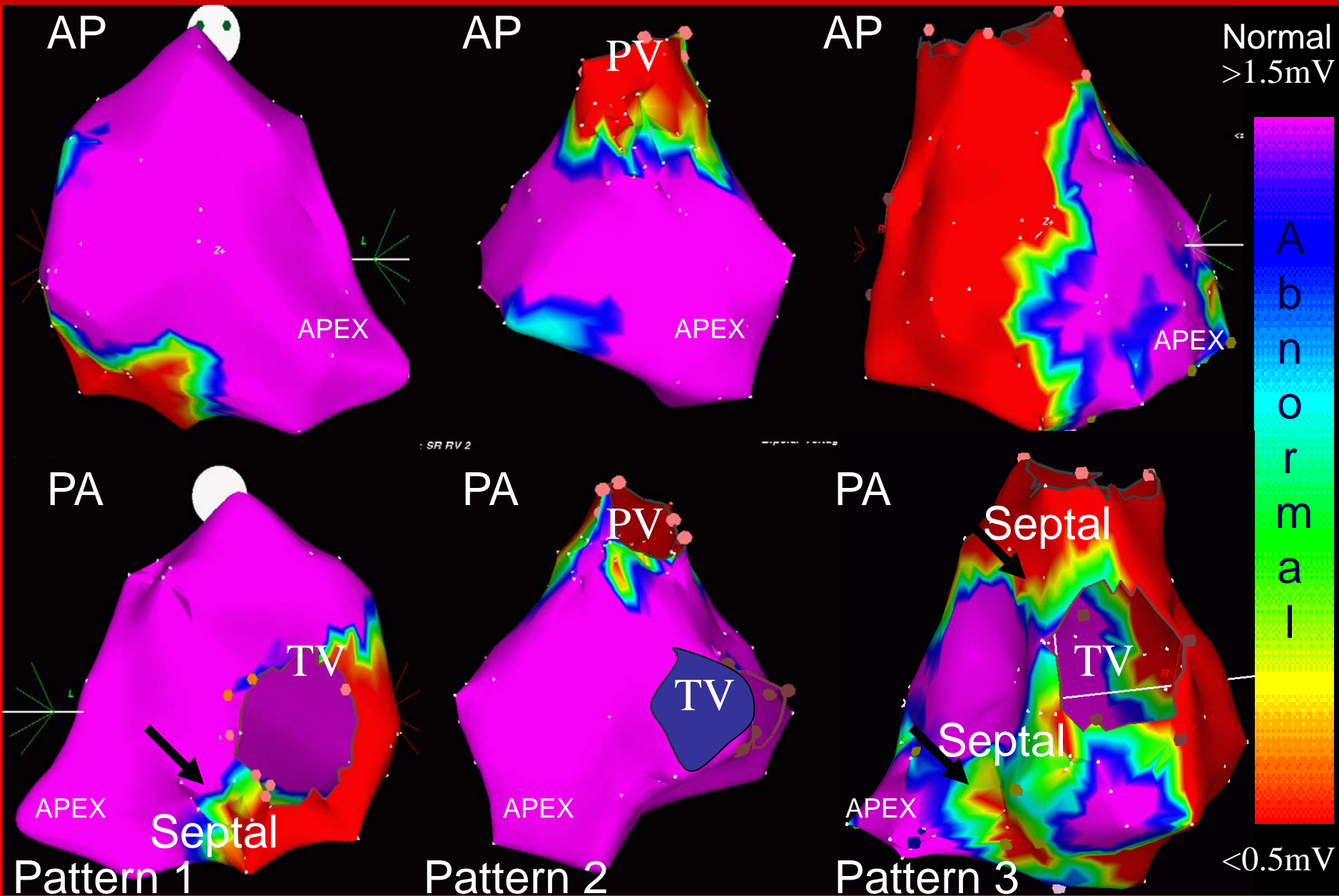


# Long-Term Outcome With Catheter Ablation of Ventricular Tachycardia in Patients With Arrhythmogenic Right Ventricular Cardiomyopathy

## Kaplan-Meier curve: freedom from any sustained VT



# BIPOLAR VOLTAGE MAPS - SUBSTRATE IN PATIENTS WITH RV CARDIOMYOPATHY AND VT





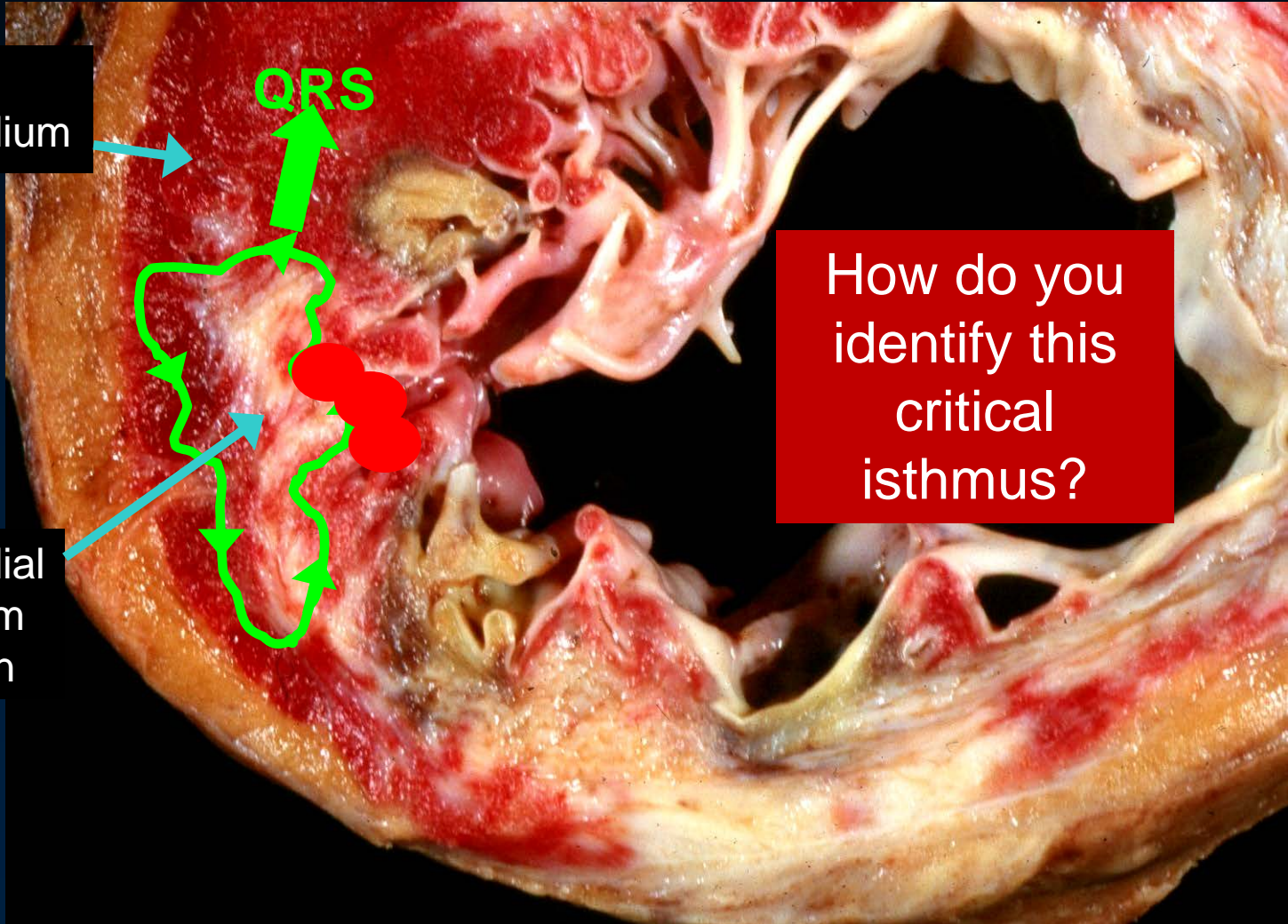
# Endocardial VT Ablation – Tolerated VT – Target critical Isthmus

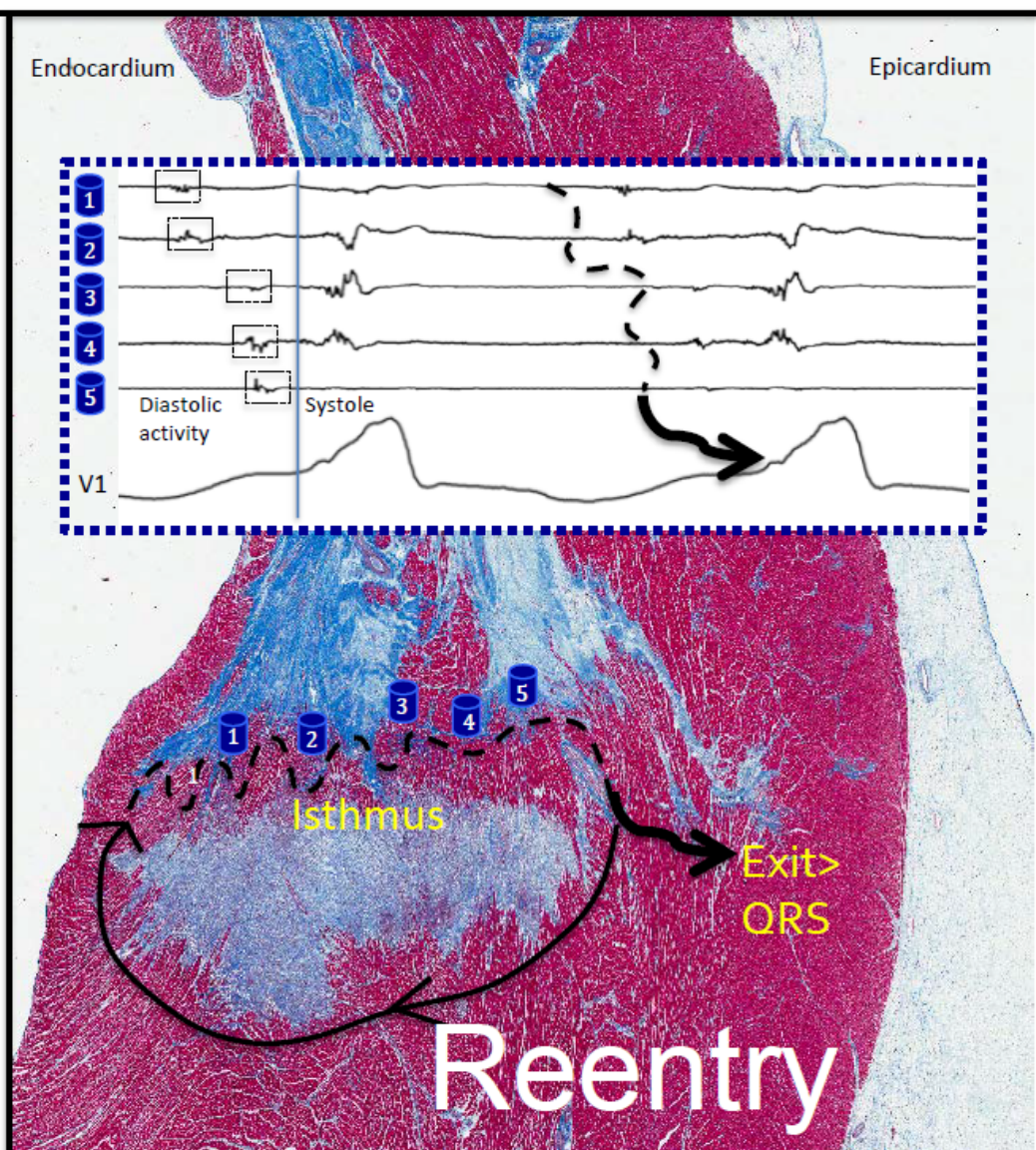
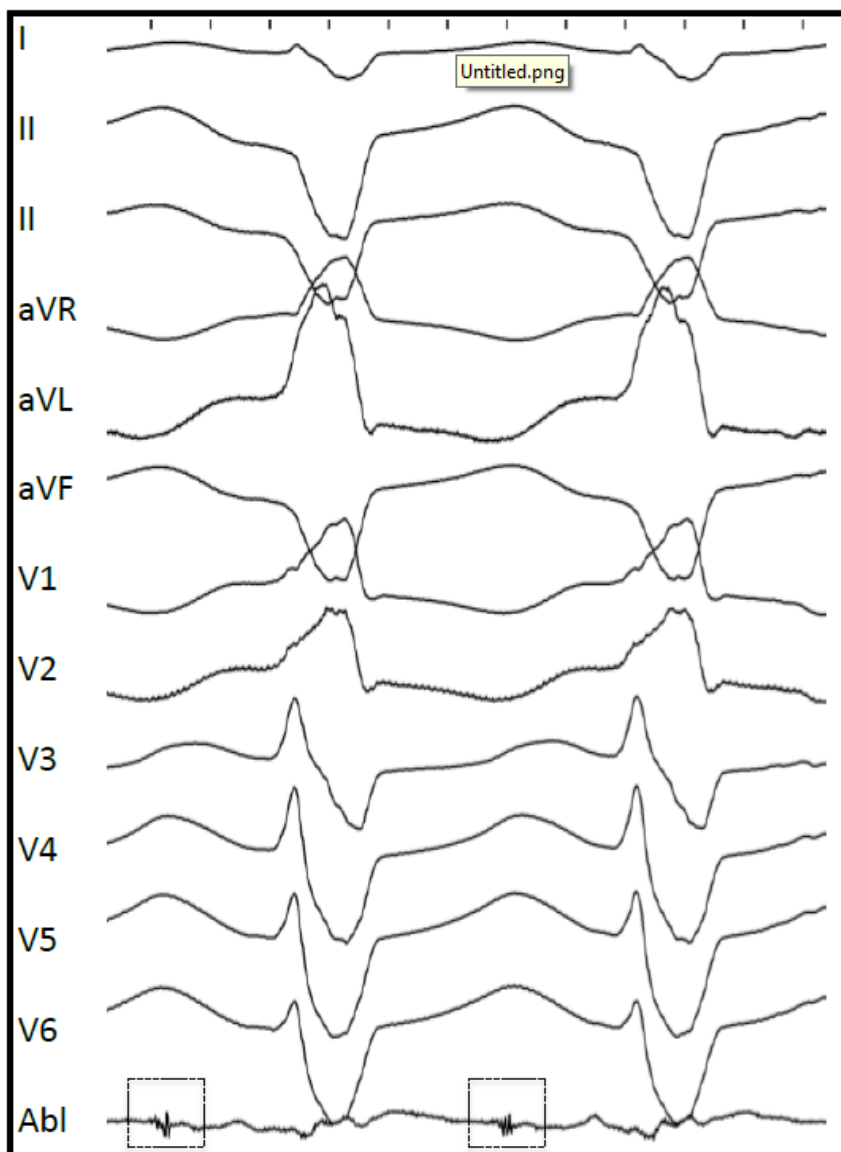
Healthy Myocardium

Myocardial Scar from Infarction

QRS

How do you identify this critical isthmus?

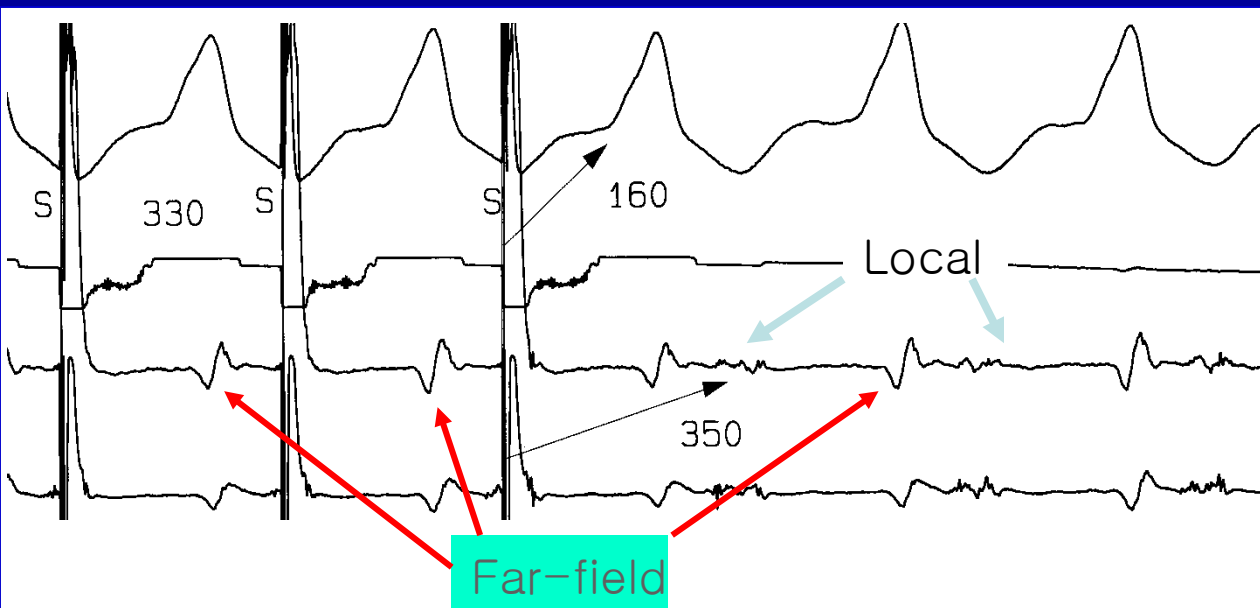
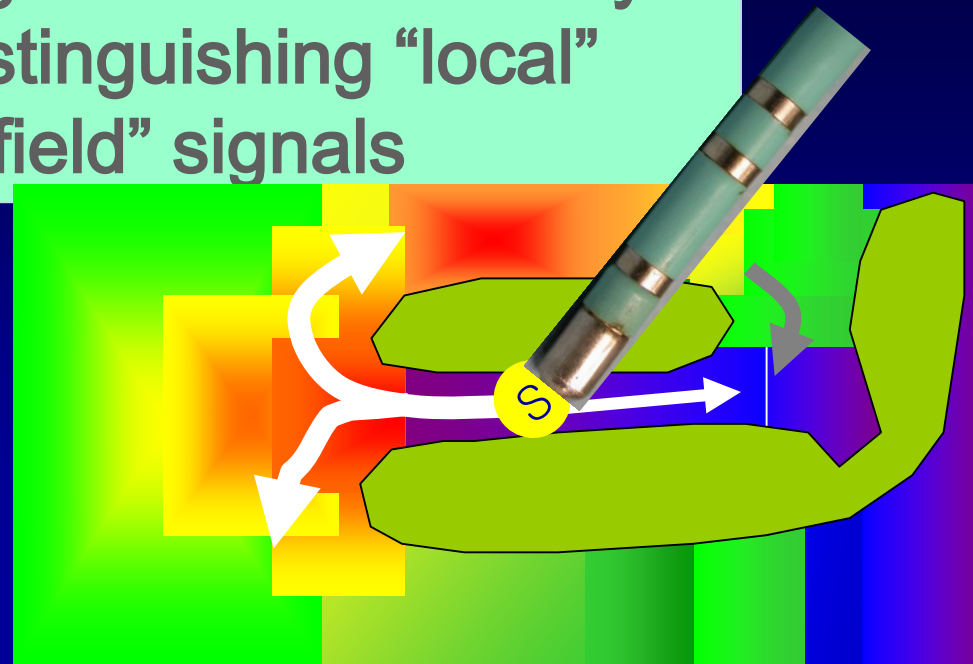






# Pacing from the mapping catheter to identify reentry circuit sites: distinguishing “local” signals from “far-field” signals

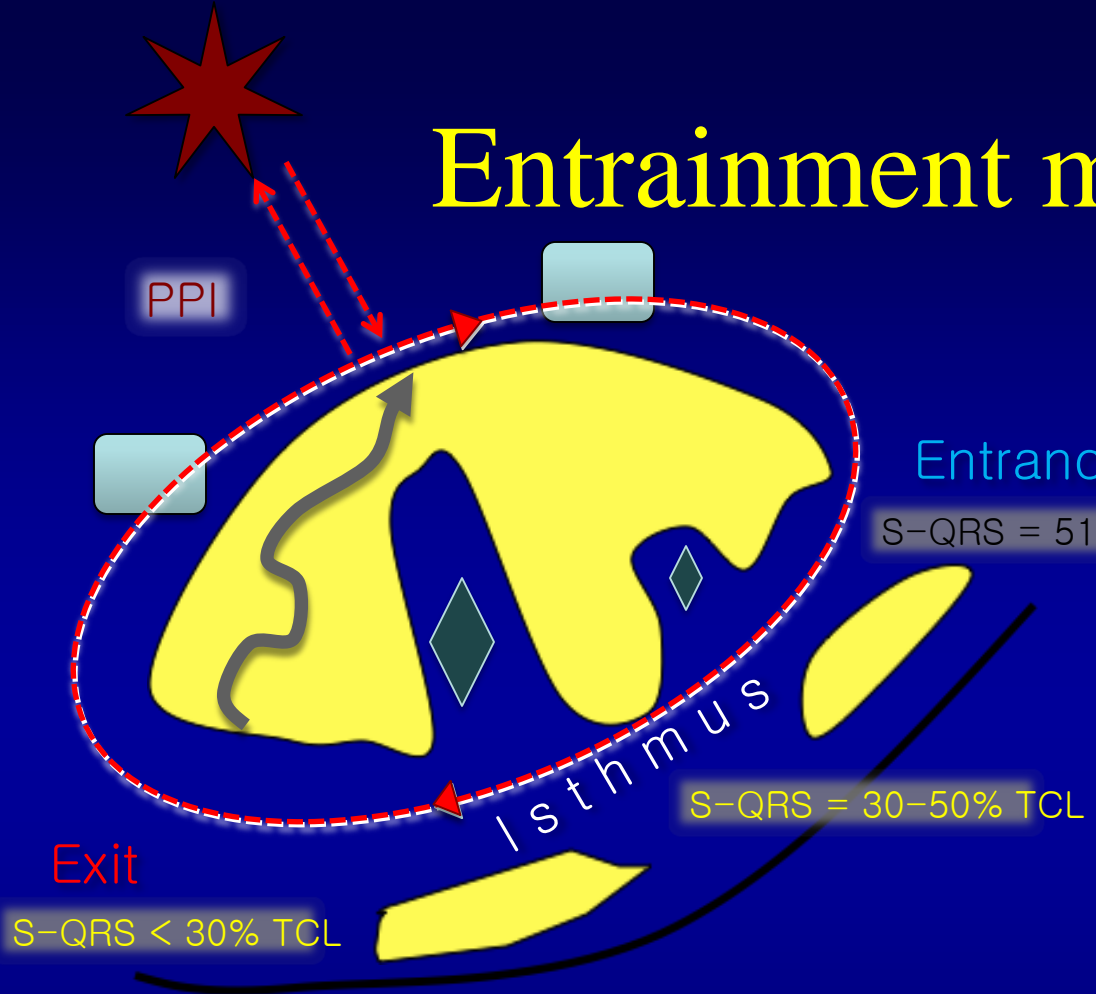
Use of the PPI assumes that the electrogram selected for measurement indicates activation at the pacing site.



Far-field signal visible and separate from pacing stimulus

Local signal obscured during pacing with capture

# Entrainment mapping



## ISTHMUS

- Concealed
- $PPI = TCL \pm 30ms$  or  $S-QRS = EGM-QRS \pm 20ms$

## INNER LOOP

- Concealed
- $S-QRS > 70\% TCL$

## OUTER LOOP

- Manifest Fusion
- $PPI = TCL \pm 30ms$

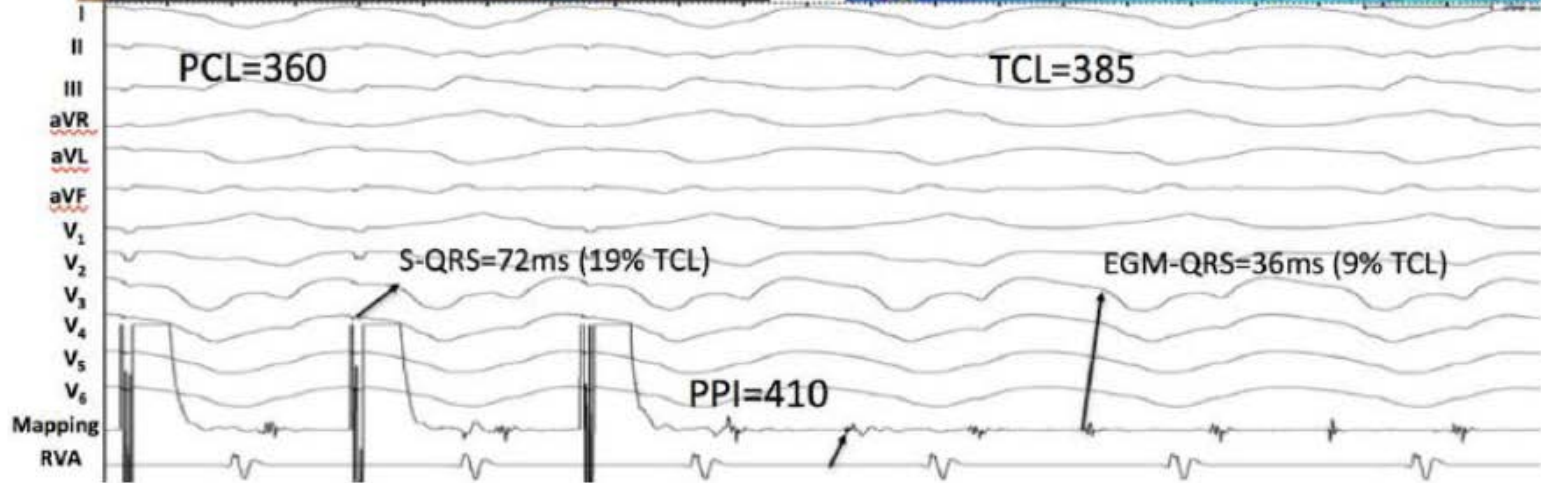
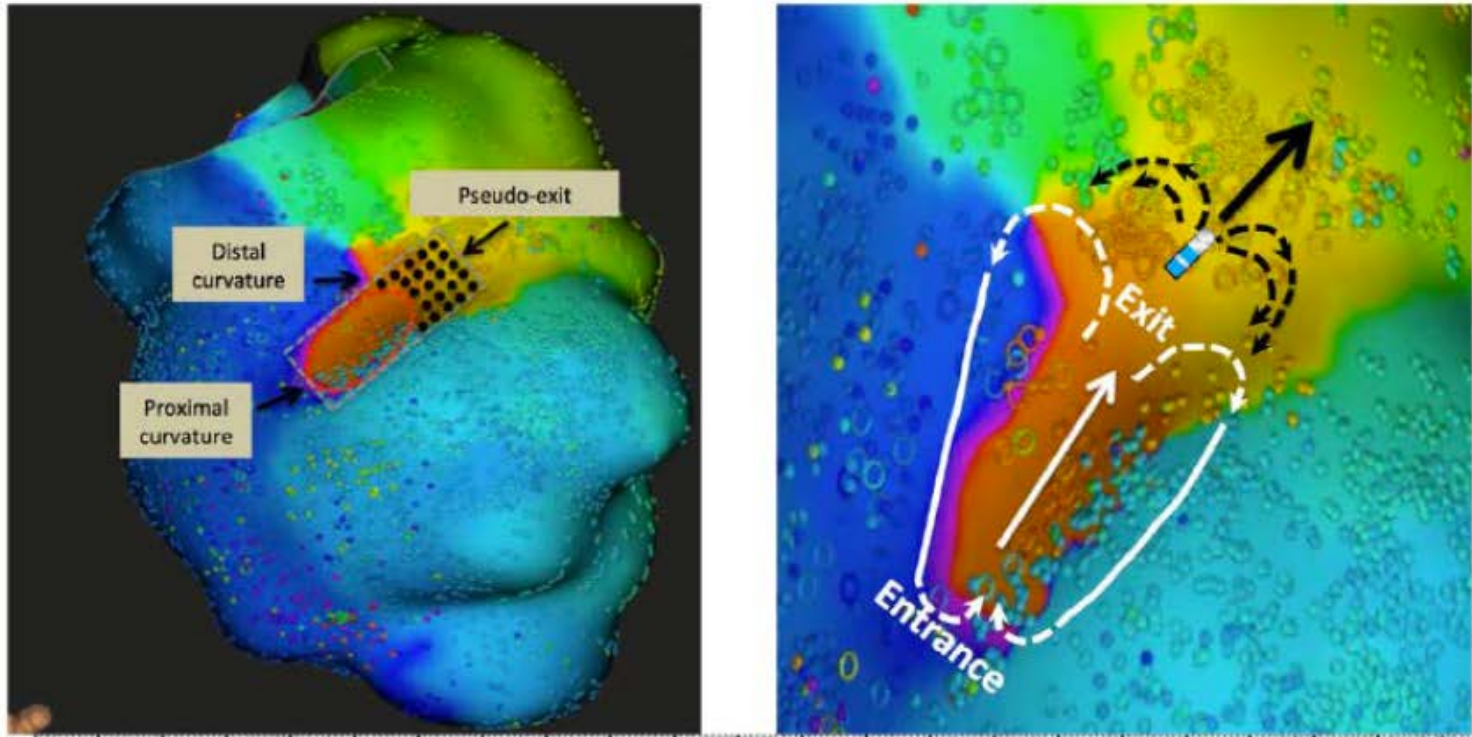
## ADJACENT BYSTANDER

- Concealed
- $PPI - TCL > 30ms$

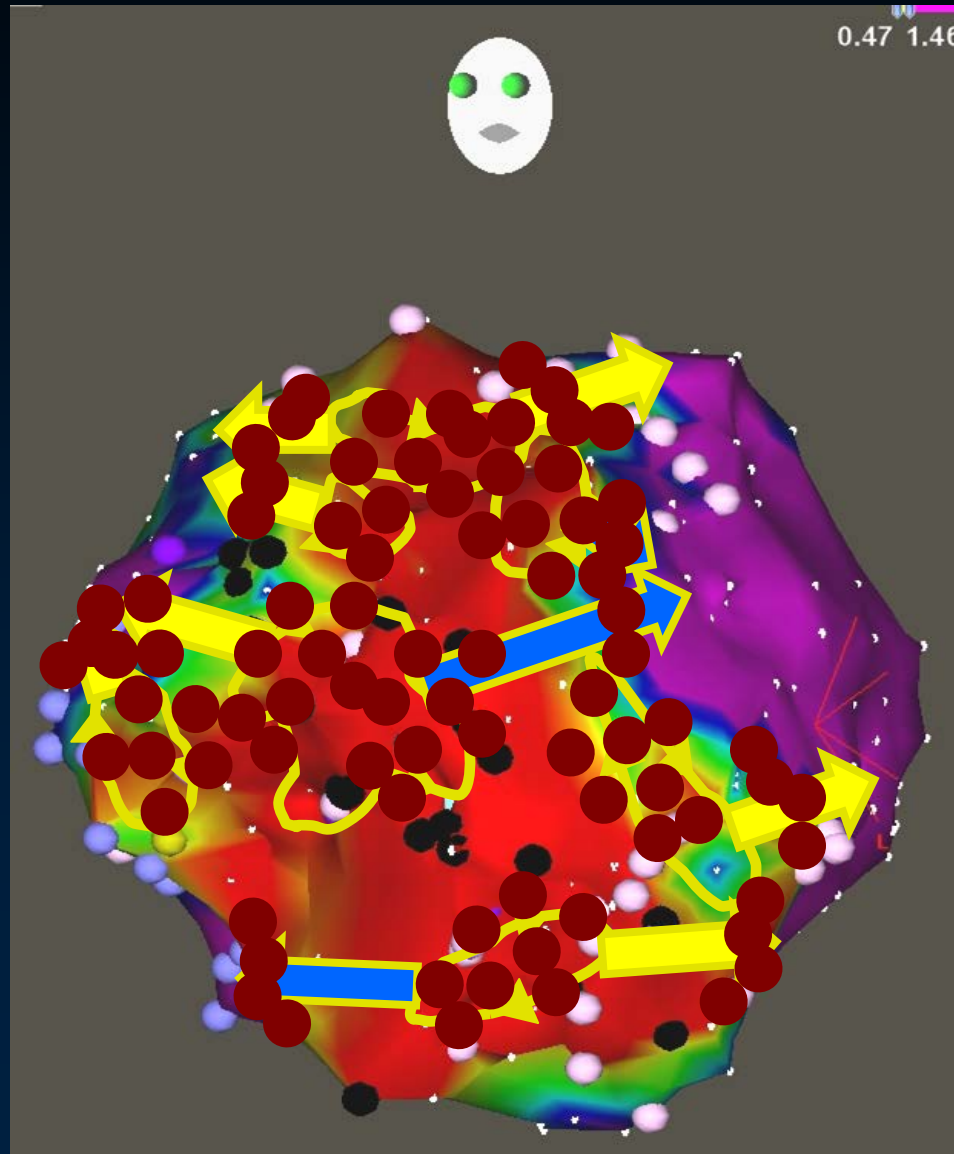
- Scar
- Pacing site
- Bystander
- Outer Loop
- Inner Loop



# Entrainment may overestimate circuit size



# For hemodynamically unstable VT- pacemapping and substrate modification



# Sinus Rhythm Clues For Identifying Isthmus (“Dissecting Out The Border Zone And Dense Scar”)

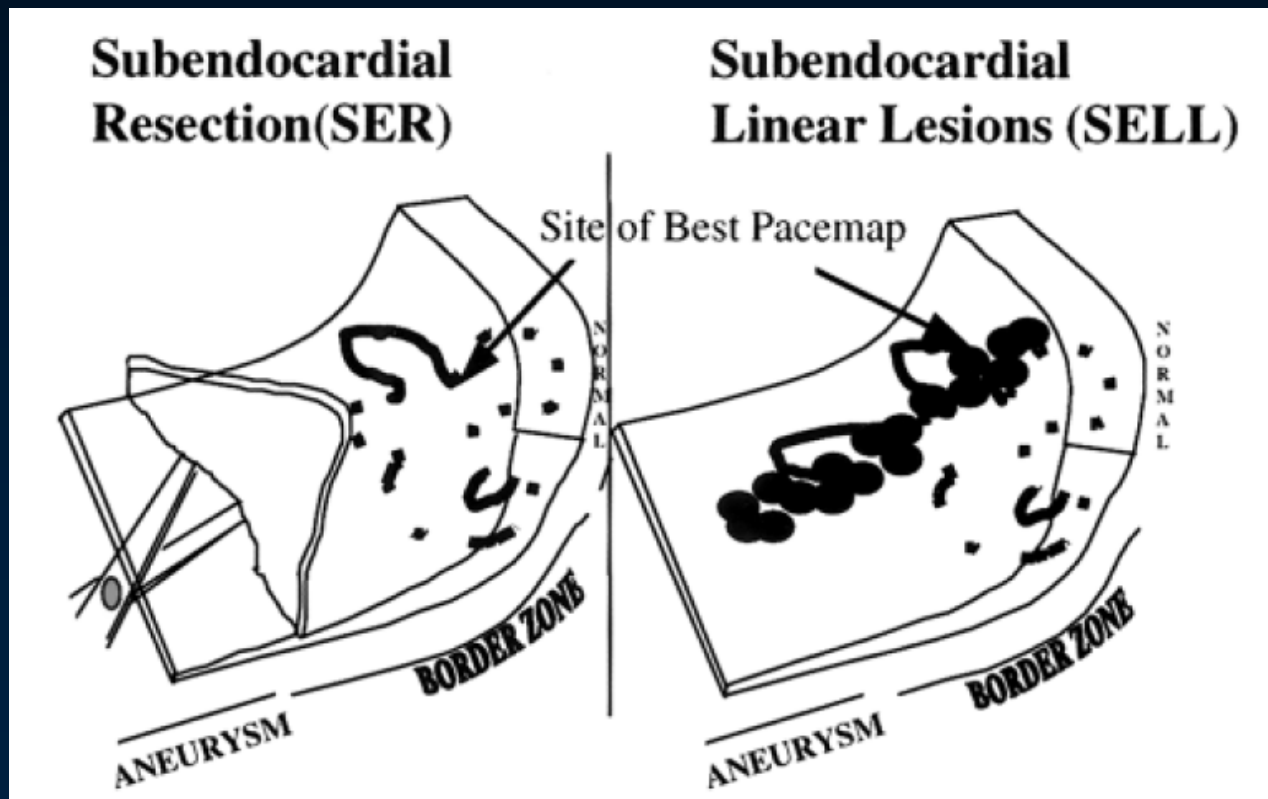
- Pacemap match with long stimulus to QRS
- Conducting channels – Conducting myocardium surrounded by unexcitable myocardium/double potentials/High bipolar voltage surrounded by lower voltage (Soejima et al Circulation 2002, Arenal.. Almendral et al Circulation 2004, Hsia et al Heart Rhythm 2006, de Chillou Circulation 2002 )



# Linear Ablation Lesions for Control of Unmappable Ventricular Tachycardia in Patients With Ischemic and Nonischemic Cardiomyopathy

Francis E. Marchlinski, MD; David J. Callans, MD; Charles D. Gottlieb, MD; Erica Zado, PA-C

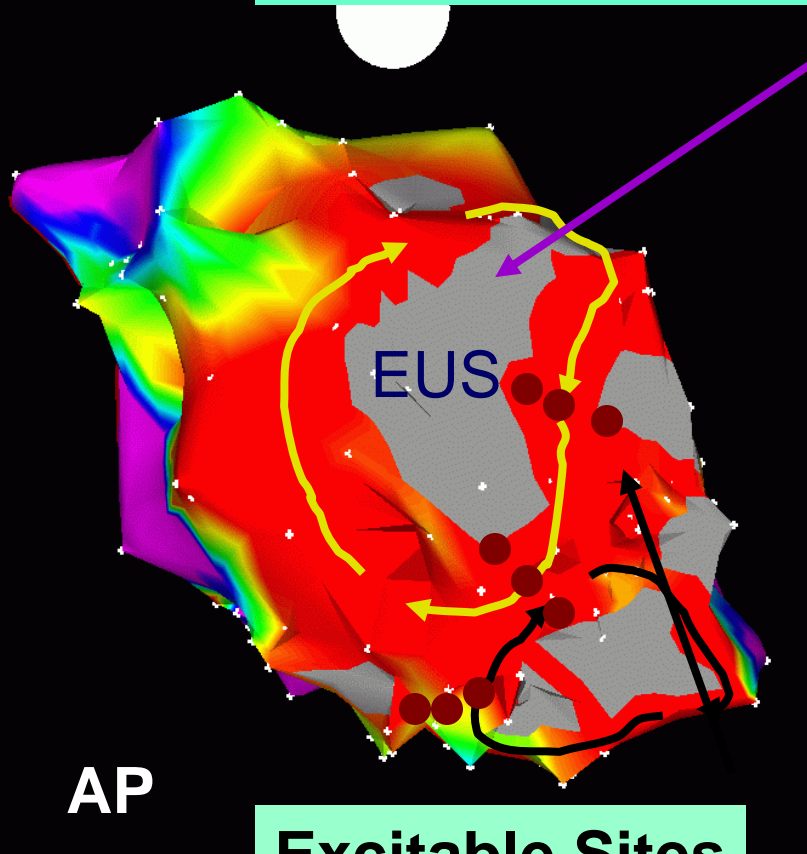
**Conclusions**—Radiofrequency linear endocardial lesions extending from the dense scar to the normal myocardium or anatomic boundary seem effective in controlling unmappable VT. (*Circulation*. 2000;101:1288-1296.)



**Electrically unexcitable scar (EUS) to identify channel :  
Unipolar Pacing threshold > 10 mA; pulse width 2 ms**

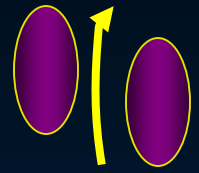
display: sr

**EUS: threshold > 10 mA**

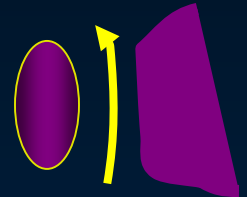


**Excitable Sites**

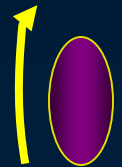
EUS-EUS 16



EUS-annulus 3



EUS-low voltage 1



# Channels Of Conductions in Patients with Tolerated VT - Adjust Color Range of Voltage Map (High Voltage surrounded by Low Voltage)

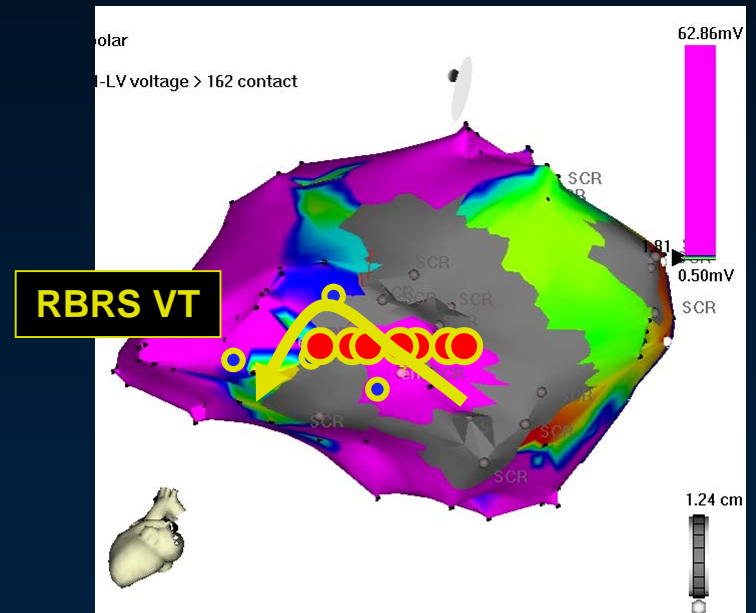
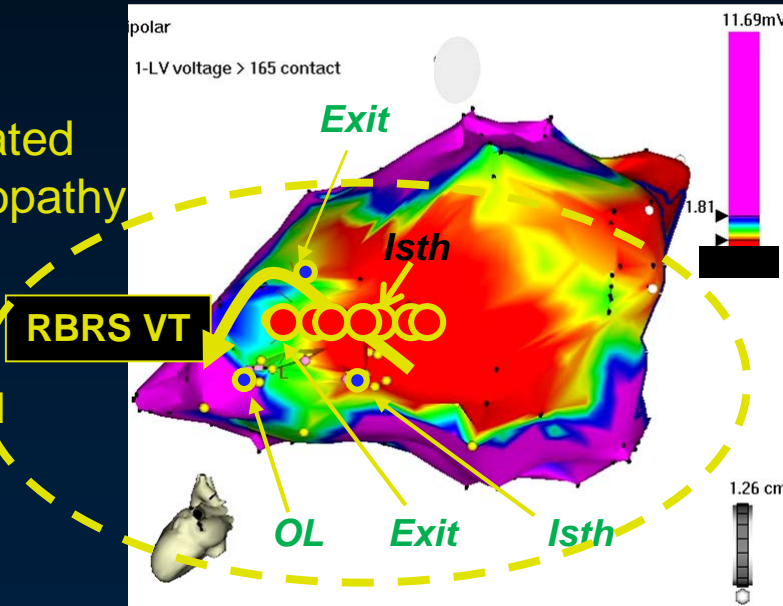
Color Range: 0.5-1.8 mV

Color Range: 0.1 – 0.4mV

A

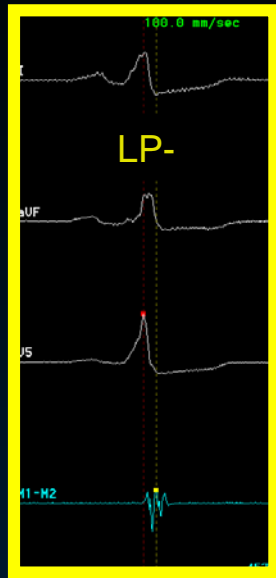
Infarct-related  
Cardiomyopathy

Left lateral

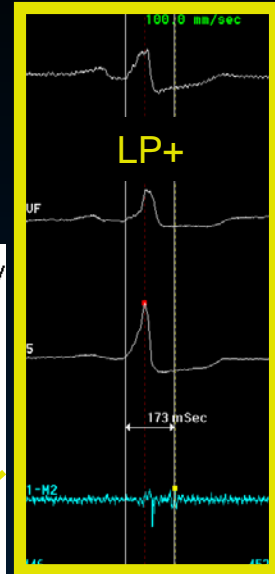




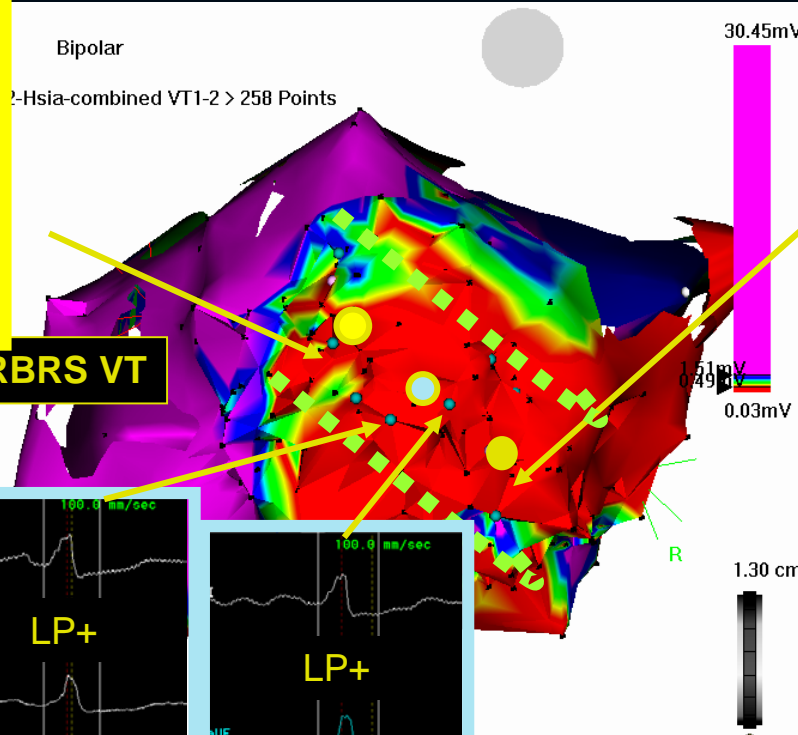
# Late Potentials in Baseline Rhythm Near (within 1.5 cm ) VT Circuit (29 Tolerated VTs)



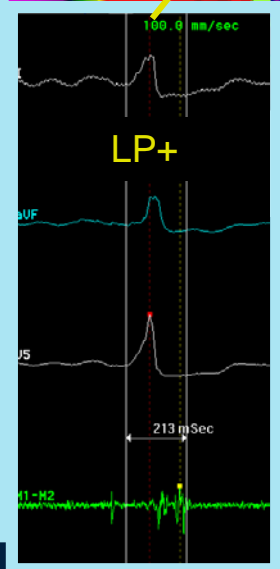
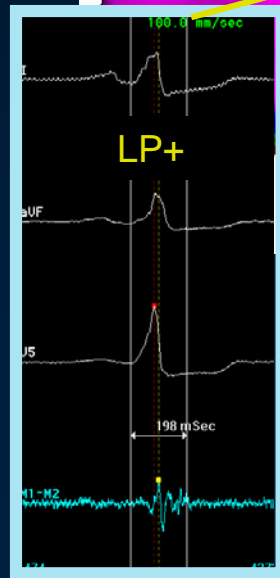
Posterior  
Lateral



Inferior-basal  
Myocardial Infarction



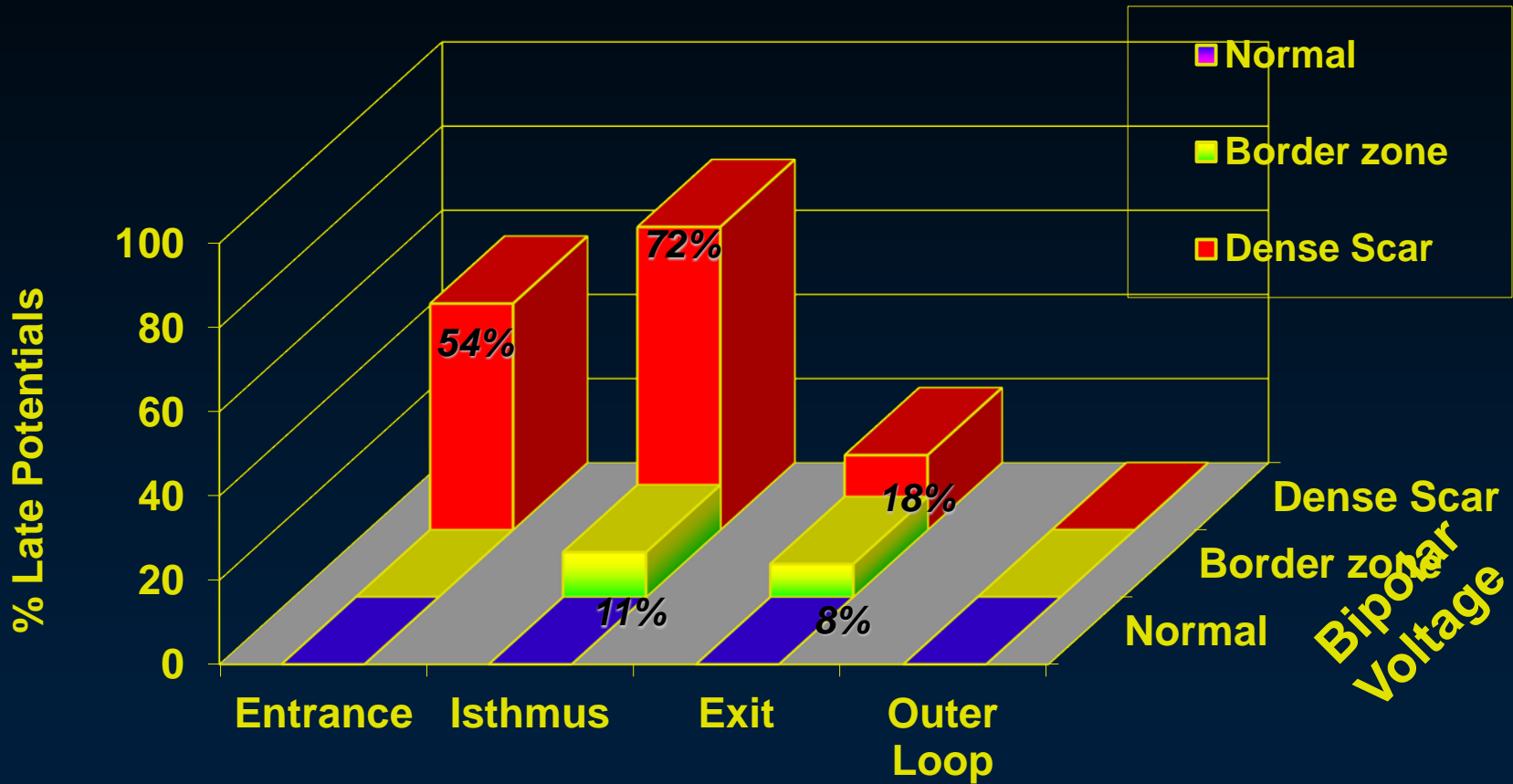
RBRS VT



- exit
- isthmus
- entrance

Late electrograms in baseline rhythm usually present and longest in the Isthmus of well tolerated VT

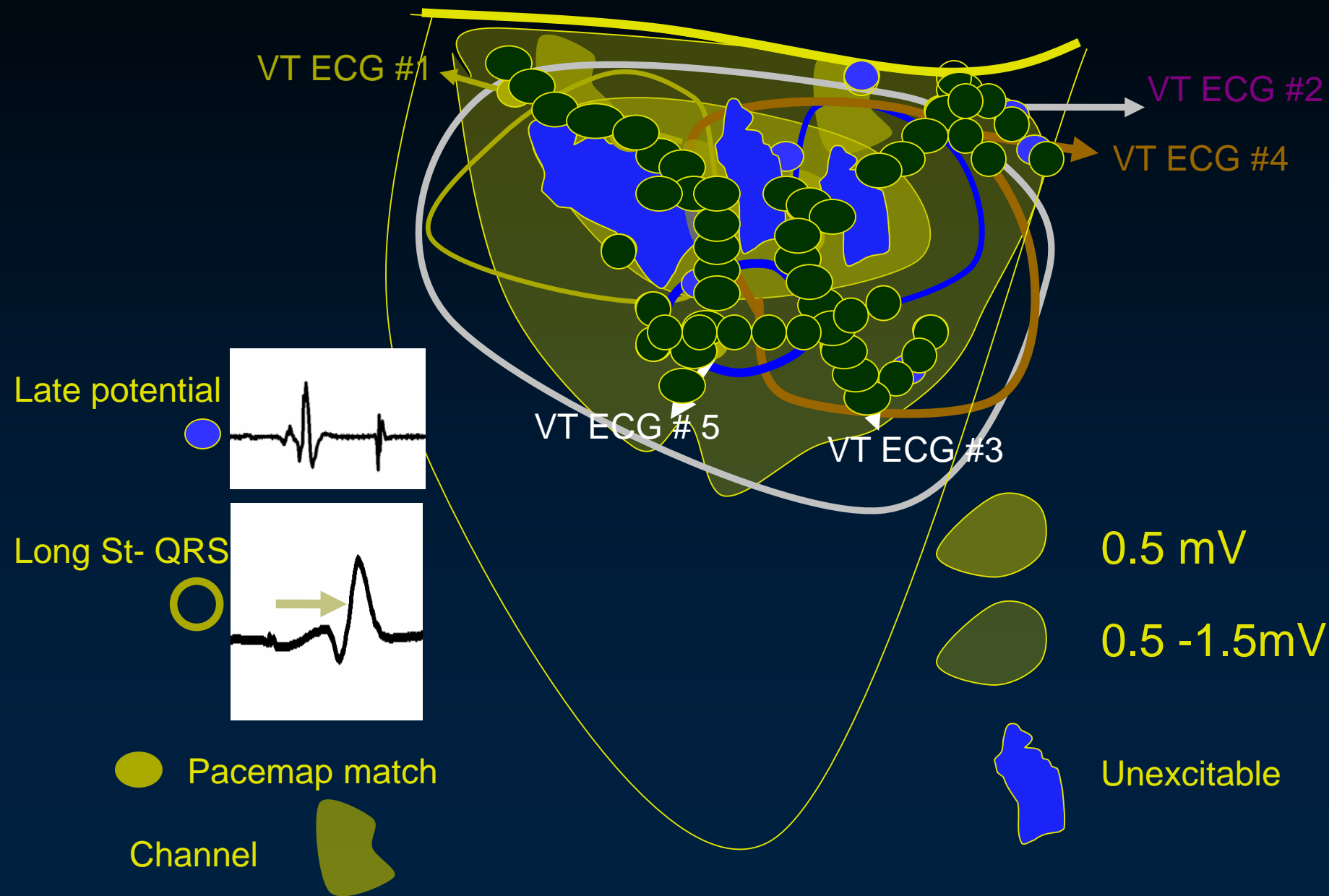
# Relationship of Late Potentials in Sinus /Paced Rhythm to Region of VT Circuit (211 sites)



VT Circuit Sites

Hsia et al  
HRS 2006

# Ablation of Unmappable VT- “Best Approach”?





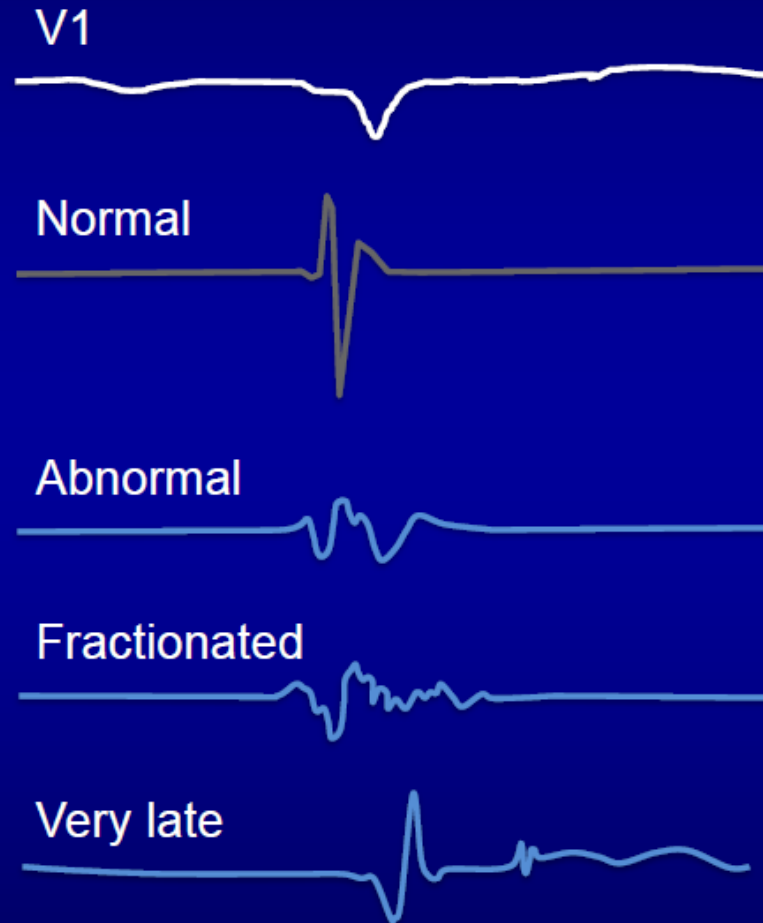
# Sinus Rhythm Clues For Identifying Isthmus (“Dissecting Out The Border Zone And Dense Scar”)

- Pacemap match with long stimulus to QRS
- Conducting channels – High bipolar voltage surrounded by lower voltage /unexcitable myocardium and barriers (Soejima et al Circulation 2002, Arenal., Almendral Circulation 2004, Hsia et al Heart Rhythm 2006, de Chilliou Circulation 2002)
- **Late potentials** (Arenal JACC et al 2003)



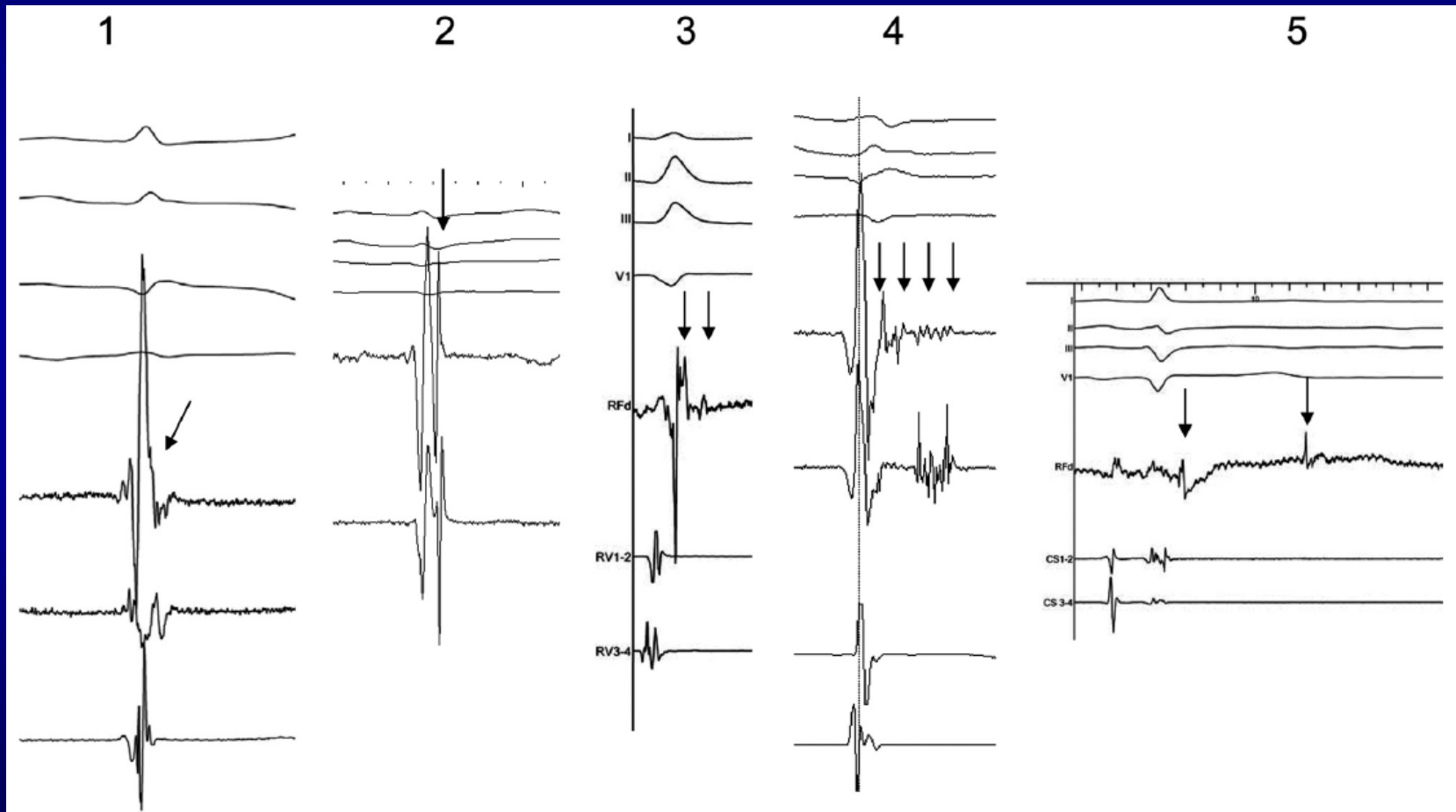
Sites with slow conduction channels

# Example of abnormal Electrograms



# Elimination of Local Abnormal Ventricular Activities

## A New End Point for Substrate Modification in Patients With Scar-Related Ventricular Tachycardia

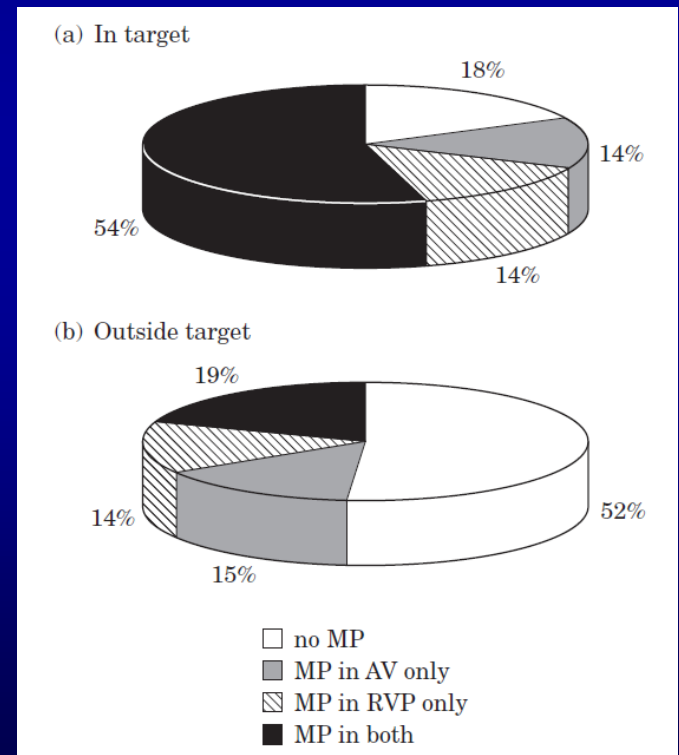
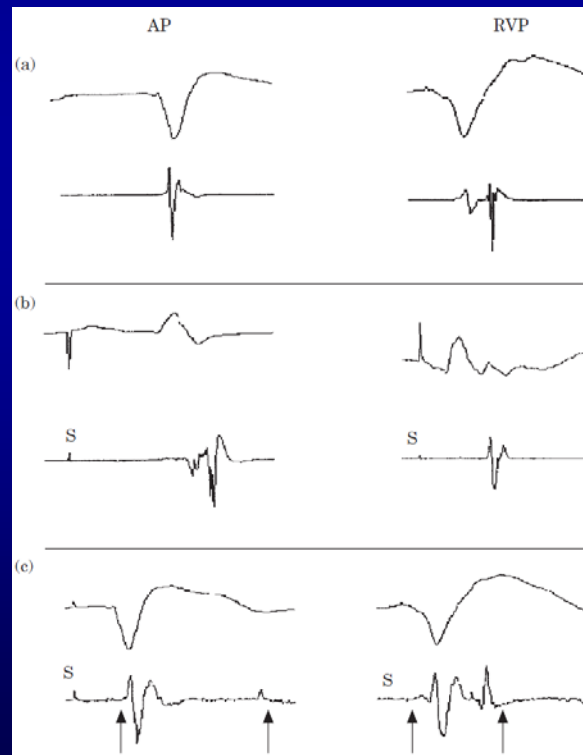
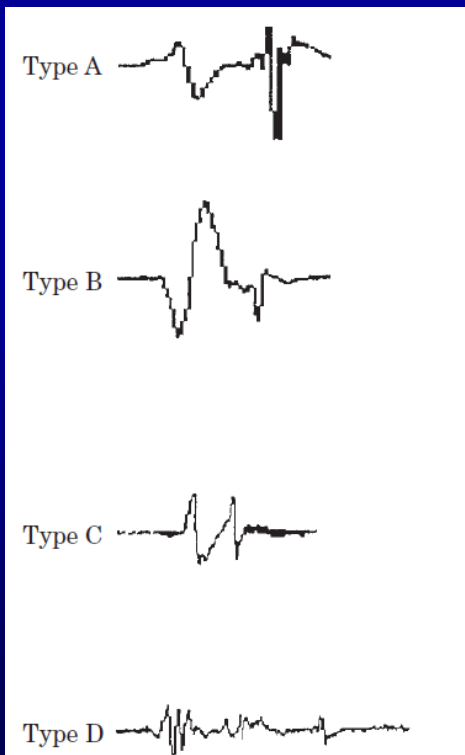




# Ventricular mapping during atrial and ventricular pacing

## Relationship of multipotential electrograms to ventricular tachycardia reentry circuits after myocardial infarction

C. B. Brunckhorst<sup>1</sup>, W. G. Stevenson<sup>1</sup>, W. M. Jackman<sup>2</sup>, K.-H. Kuck<sup>3</sup>, K. Soejima<sup>1</sup>, H. Nakagawa<sup>2</sup>, R. Cappato<sup>3</sup> and S. A. Ben-Haim<sup>4</sup>



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VOL. 66, NO. 25, 2015

ISSN 0735-1097/\$36.00

<http://dx.doi.org/10.1016/j.jacc.2015.10.025>

## EDITORIAL COMMENT

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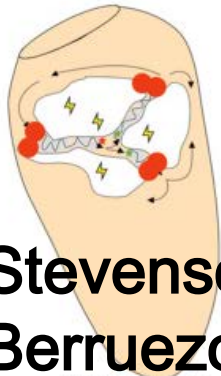
# A Moving Target for Catheter Ablation of Ventricular Tachycardia

## Ablation of Scar or Arrhythmia?\*

Roderick Tung, MD,<sup>†</sup> Hans Kottkamp, MD<sup>‡</sup>



### A Scar Dechanneling



Stevenson  
Berruezo

*Identification of a corridor of consecutive EGMs with delayed components (conducting channels), and subsequent ablation of the entrance regions.*

### B Late Potentials and Local Abnormal Ventricular Activities



Haïssaguerre

*LPs: Ablation of any low voltage EGM (< 1.3 mV) with a single component or multiple continuous delayed components, recorded after the surface QRS.*

*LAVAs: Ablation of sharp high-frequency ventricular potentials occurring anytime from the ventricular EGM (before-VT, during/after-NSR)*

### C Core Isolation



Marchlinski

*Isolation of the area that incorporates critical VT circuit elements.*

### D Homogenization



Natale

*Ablation lesions aimed to cover the entire scar (homogenization of the scar) surgically all abnormal electrograms.*

[Download high-res image \(589KB\)](#)

[Download full-size image](#)

Fig. 4. Strategies for substrate-based ablation. Areas between channels often have electrical activity giving rise to VT substrates (*thunderbolts*); thus, elimination of scar related potentials is a relevant ablation goal and is the basis of different substrate-based ablation strategies. (A) Scar dechanneling, (B) ablation of LPs and LAVAs, (C) CI (core isolation), and (D) homogenization of the scar. NSR, normal sinus rhythm.



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Europace (2017) 00, 1–12  
doi:10.1093/europace/eux109

CLINICAL RESEARCH

# Long-term outcomes of different ablation strategies for ventricular tachycardia in patients with structural heart disease: systematic review and meta-analysis

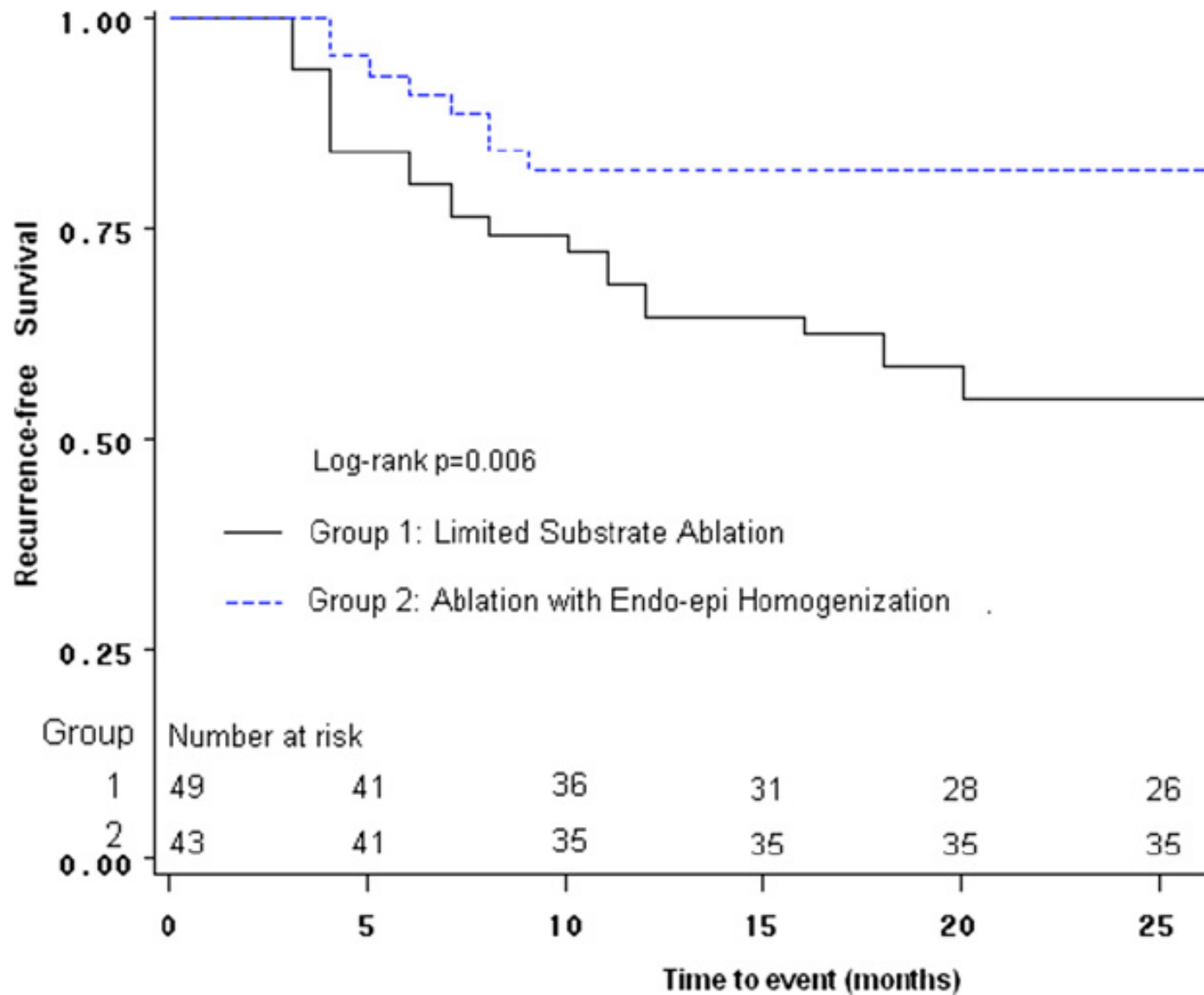
David F. Briceño<sup>1</sup>, Jorge Romero<sup>1</sup>, Pedro A. Villablanca<sup>1</sup>, Alejandra Londoño<sup>1</sup>, Juan C. Diaz<sup>1</sup>, Ilir Maraj<sup>1</sup>, Syeda Atiqah Batul<sup>1</sup>, Nidhi Madan<sup>1</sup>, Jignesh Patel<sup>1</sup>, Anand Jagannath<sup>1</sup>, Sanghamitra Mohanty<sup>2</sup>, Prasant Mohanty<sup>2</sup>, Carola Gianni<sup>2</sup>, Domenico Della Rocca<sup>2</sup>, Ahlam Sabri<sup>1</sup>, Soo G. Kim<sup>1</sup>, Andrea Natale<sup>2,3,4,5,6,7,8,9</sup>, and Luigi Di Biase<sup>1,2,3,9\*</sup>



## Endo-Epicardial Homogenization of the Scar Versus Limited Substrate Ablation for the Treatment of Electrical Storms in Patients With Ischemic Cardiomyopathy

Luigi Di Biase, MD, PHD,\*†‡ Pasquale Santangeli, MD,\*‡ David J. Burkhardt, MD,\*§ Rong Bai, MD,\* Prasant Mohanty, MBBS, MPH,\* Corrado Carbucicchio, MD,|| Antonio Dello Russo, MD,|| Michela Casella, MD,|| Sanghamitra Mohanty, MD,\* Agnes Pump, MD,\*¶ Richard Hongo, MD,§ Salwa Beheiry, RN,§ Gemma Pelargonio, MD,# Pietro Santarelli, MD,# Martina Zucchetti, MD,|| Rodney Horton, MD,\* Javier E. Sanchez, MD,\* Claude S. Elayi, MD,\*\* Dhanunjay Lakkireddy, MD,†† Claudio Tondo, MD,|| Andrea Natale, MD\*†§

*Austin, Texas; Foggia, Milan, and Rome, Italy; San Francisco, California; Pecs, Hungary; Lexington, Kentucky; and Kansas City, Kansas*



## Goal of this ablation strategy:

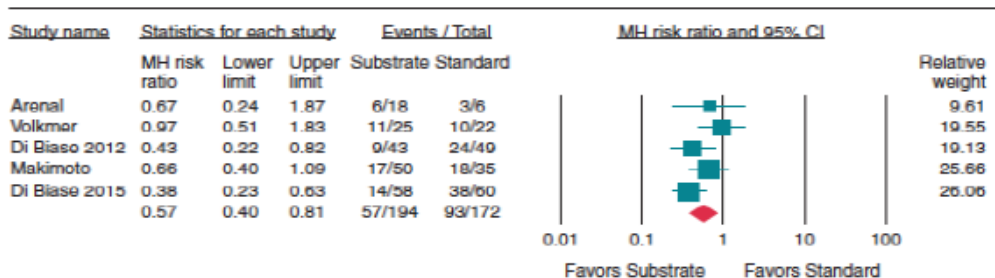
- ☞ covering entire scar with ablation lesions targeting abnormal electrograms (i.e., abolition of all abnormal potentials)
- ☞ In the first 10 patients, pacing was performed at high output (up to 20 mA with a pulse duration of 10ms) from within the ablation area, but capture was not seen

**Table 3** Procedural end points of the different substrate modification strategies

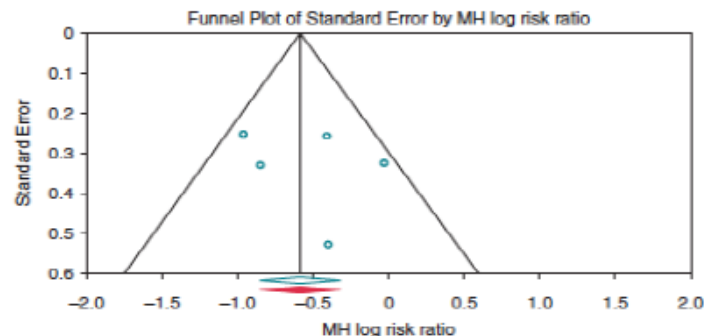
Study	Year	Substrate technique	Procedural end point
Jais <sup>5</sup>	2012	LAVA	Elimination of all sharp high-frequency ventricular potentials, occurring anytime during or after the far-field ventricular electrogram in sinus rhythm or before the far-field ventricular electrogram during VT
Vergara <sup>7</sup>	2012	Late potentials	Complete abolition of all late potentials
Tilz <sup>13</sup>	2014	Substrate isolation	Isolation of the entire substrate and defined as (i) lack of fractionated, double or late potentials inside the encircled area 20 min post-ablation, (ii) non-capture of the LV during pacing with maximal output at multiple sites within the encircled area, and (iii) after a maximum of 40 RF applications
Berruezo <sup>9</sup>	2015	Scar dechanneling	Elimination of all identified CCs at the CC entrance during sinus rhythm
Tzou <sup>12</sup>	2015	Core isolation	Failure to capture the ventricle with pacing from inside the lesion set (exit block) that conforms the isolated core
Jamil-Copley <sup>14</sup>	2015	RMCC	Ablation overlapping all RMCCs
Gokoglan <sup>15</sup>	2016	Scar homogenization	Empirical elimination of all abnormal electrograms throughout the entire scar

**A**

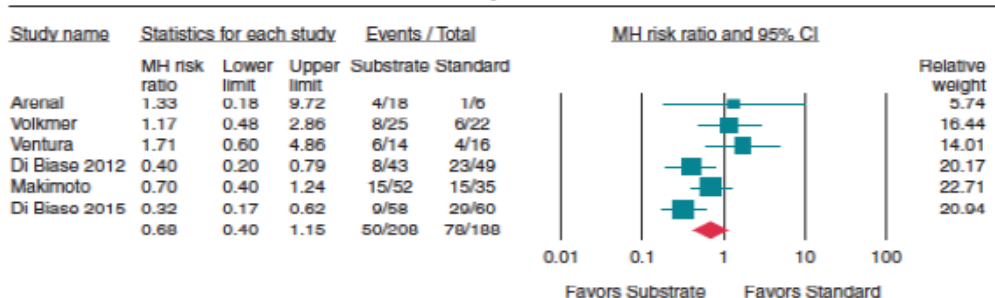
Ventricular Arrhythmia Recurrence /  
All-Cause Mortality



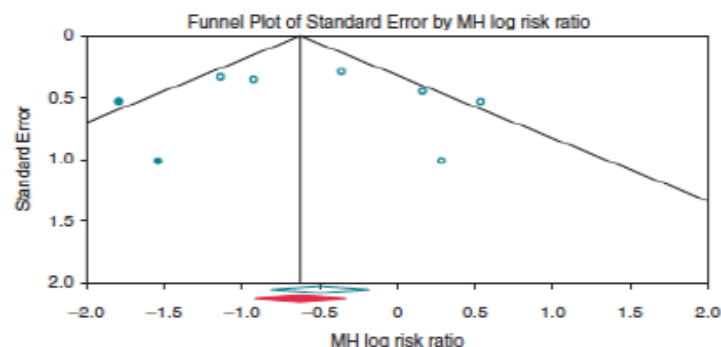
Random effects models  
Heterogeneity:  $\tau^2=0.06$ ;  $\chi^2=6.48$ ;  $df=4$ ;  $P=0.17$ ;  $I^2=38.3\%$   
Test for overall effect  $Z=-3.13$  ( $p=0.00$ )

**B**

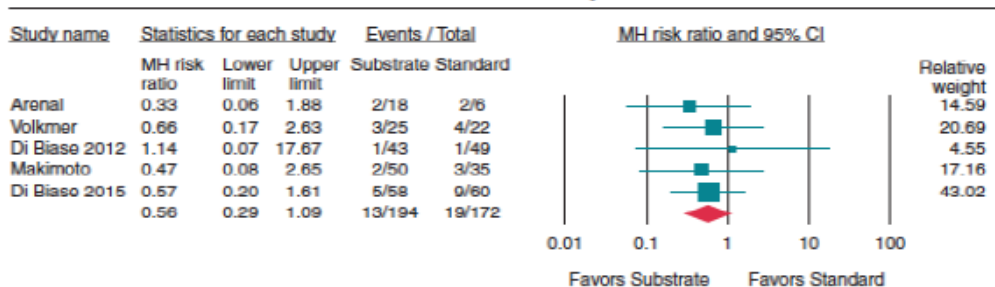
Ventricular Arrhythmia Recurrence



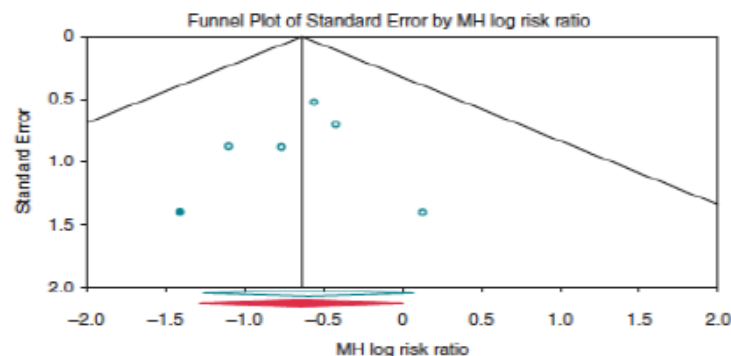
Random effects models  
Heterogeneity:  $\tau^2=0.23$ ;  $\chi^2=12$ ;  $df=5$ ;  $P=0.04$ ;  $I^2=58.2\%$   
Test for overall effect  $Z=-1.44$  ( $p=0.15$ )

**C**

All-Cause Mortality



Fixed effects models  
Heterogeneity:  $\tau^2=0.00$ ;  $\chi^2=0.7$ ;  $df=4$ ;  $P=0.95$ ;  $I^2=0\%$   
Test for overall effect  $Z=-1.69$  ( $p=0.09$ )

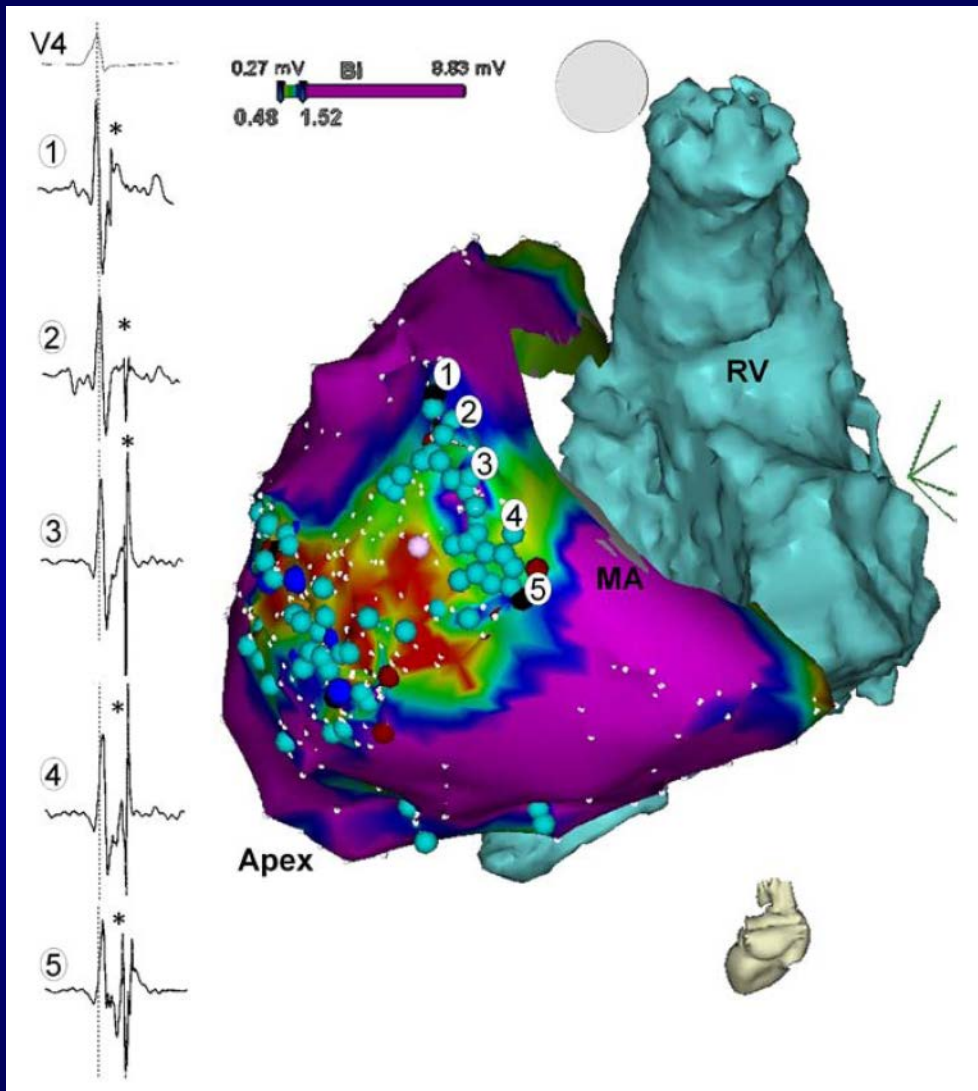




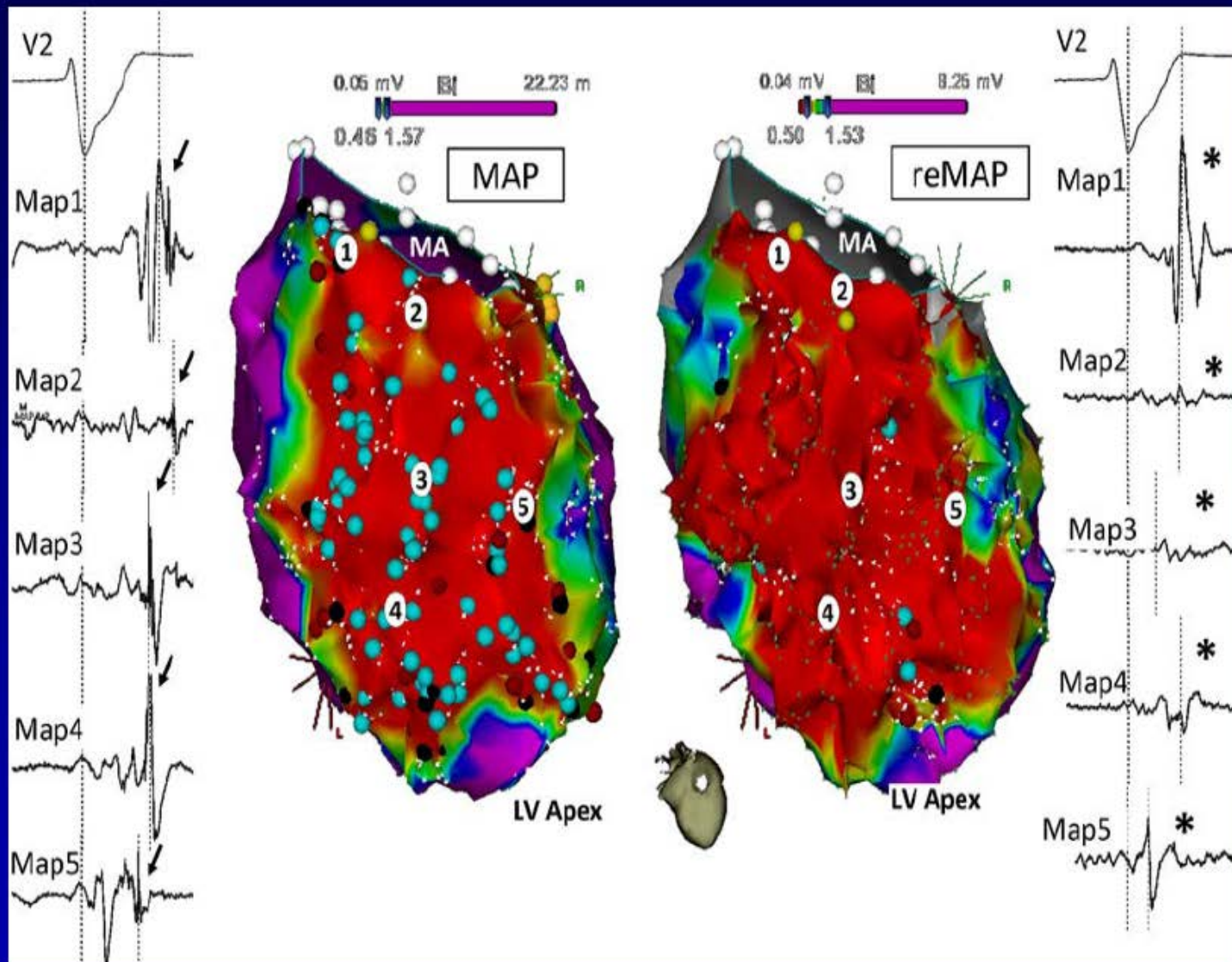
# Original Article

## Scar Dechanneling New Method for Scar-Related Left Ventricular Tachycardia Substrate Ablation

Antonio Berruezo, MD, PhD; Juan Fernández-Armenta, MD, PhD; David Andreu, MSc, PhD;  
Diego Penela, MD; Csaba Herczku, MD; Reinder Evertz, MD; Laura Cipolletta, MD;  
Juan Acosta, MD; Roger Borràs, MSc; Elena Arbelo, MD, PhD; Jose María Tolosana, MD, PhD;  
Josep Brugada, MD, PhD; Lluís Mont, MD, PhD



- E-DCs (electrograms with delayed components)
- Entrance  
E-DC with the Shortest delay between the far-field component of healthy/BZ muscle and local component (delayed, high frequency, usually fractionated and low voltage)



Steps      VT Ablation Procedure

1      Substrate mapping  
CC entrance identification



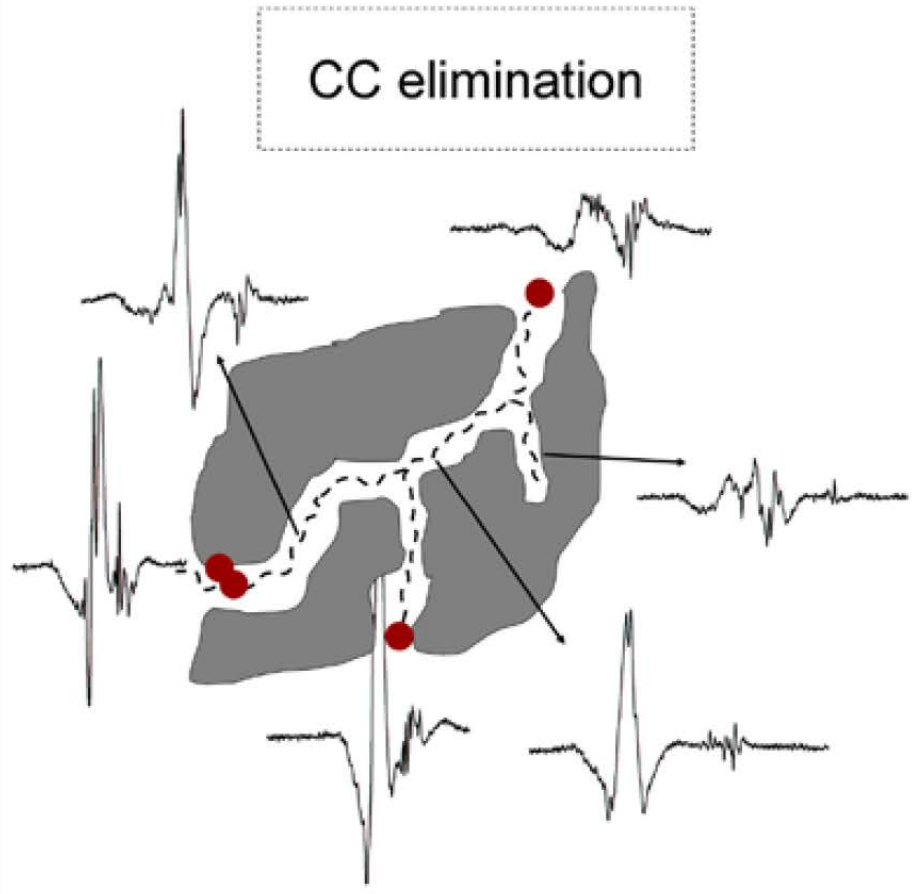
2      CC elimination



3      Re-mapping  
Residual CC ablation



4      Inducibility  
Residual VT ablation

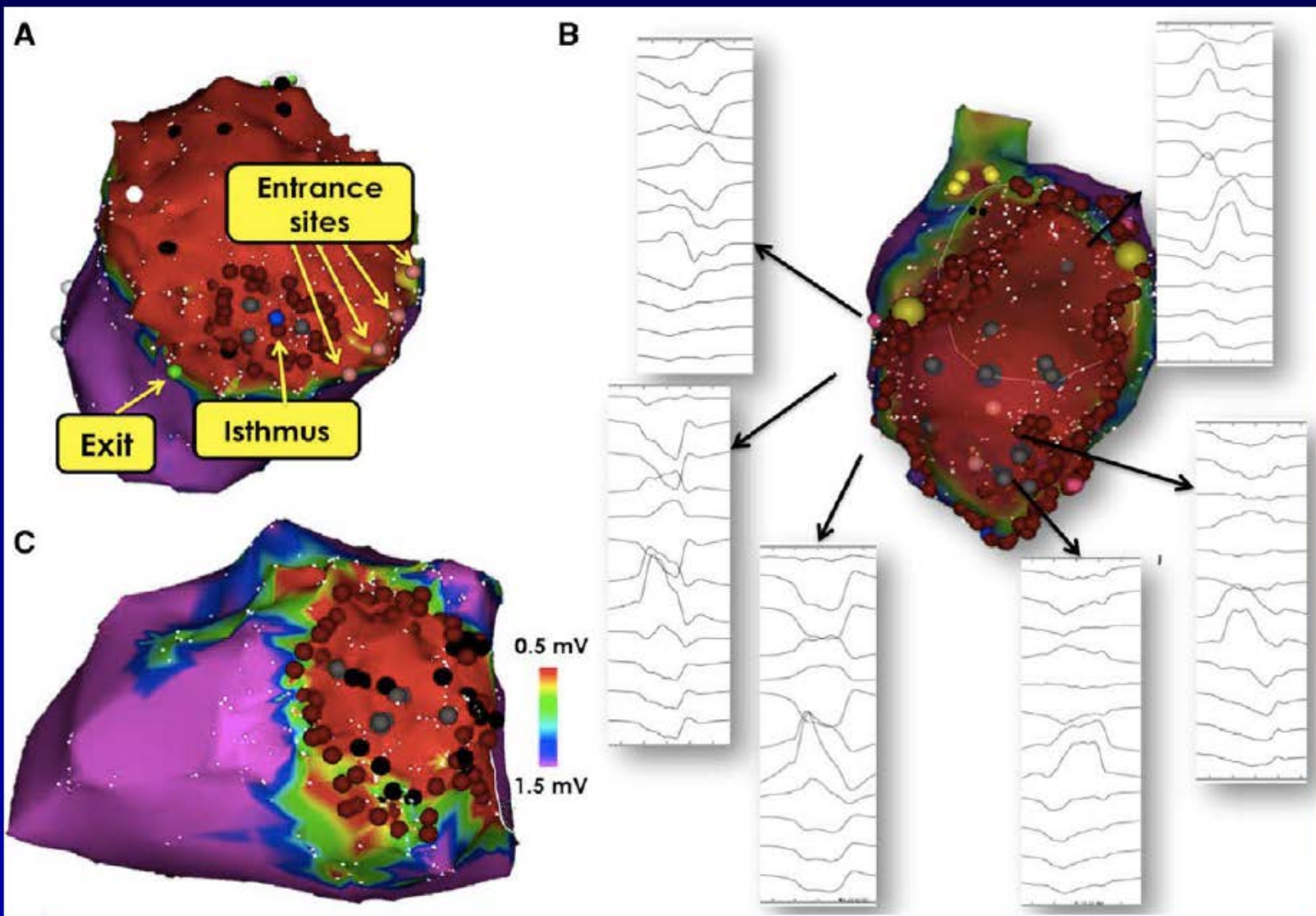


## Original Article

# Core Isolation of Critical Arrhythmia Elements for Treatment of Multiple Scar-Based Ventricular Tachycardias

Wendy S. Tzou, MD\*; David S. Frankel, MD\*; Timothy Hegeman, DO;  
Gregory E. Supple, MD; Fermin C. Garcia, MD; Pasquale Santangeli, MD;  
David F. Katz, MD; William H. Sauer, MD; Francis E. Marchlinski, MD





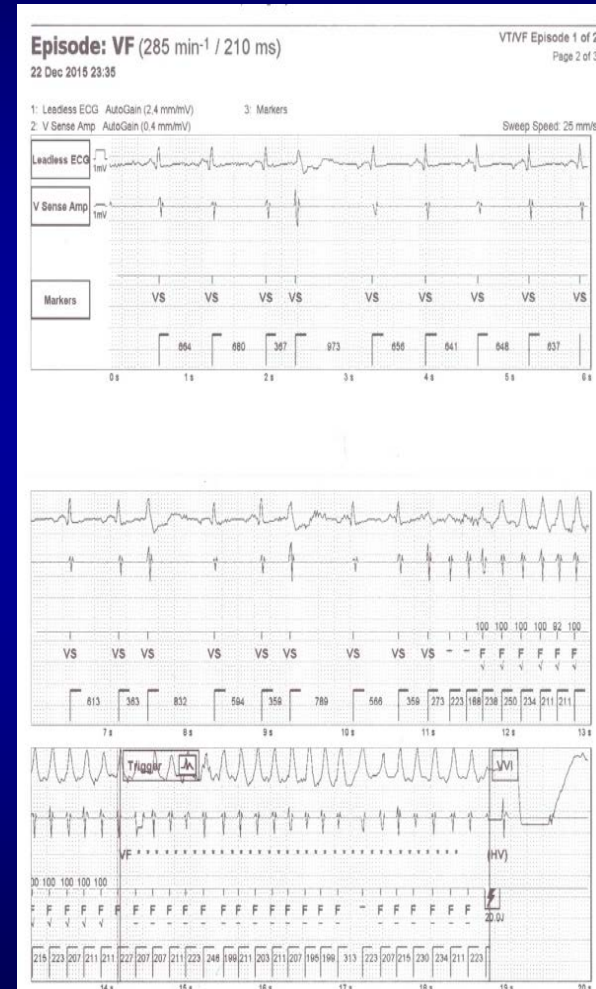
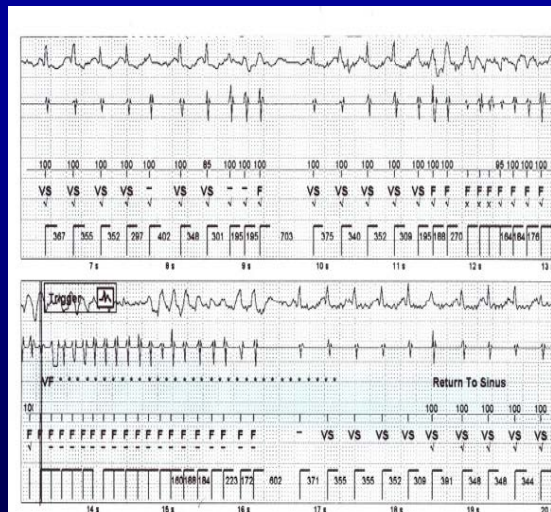
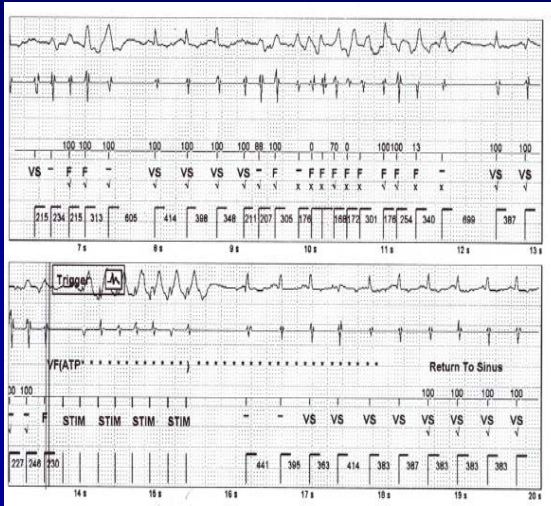
Tzou et al. *Circ Arrhythm Electrophysiol.* 2015;8:353-361

- CI was attempted by surrounding the putative isthmus or entrance and early exit sites, which were identified based on pacemapping or entrainment mapping.
- Successful CI was defined by failure to capture the ventricle from multiple sites
- Additional, reinforcing lesions were placed within the isolated area targeting sites of LAVA and LP noted in SR.
- Ventricular programmed electric stimulation was repeated after CI

- If any VT was still inducible, other regions within scar but potentially outside of the isolated region were targeted as needed, based on LP and favorable pacemap.
- Epicardial mapping and ablation were performed because of continued inducibility of VT; prior failed endocardial ablation; epicardial 12-lead ECG VT characteristics; or lack of abnormal endocardial substrate.
- Epicardial CI was performed and program stimulation repeated (failure to capture) + (LAVA and LP).
- Efforts to achieve CI and VT non-ducibility continued as long as patient safety and tolerance.



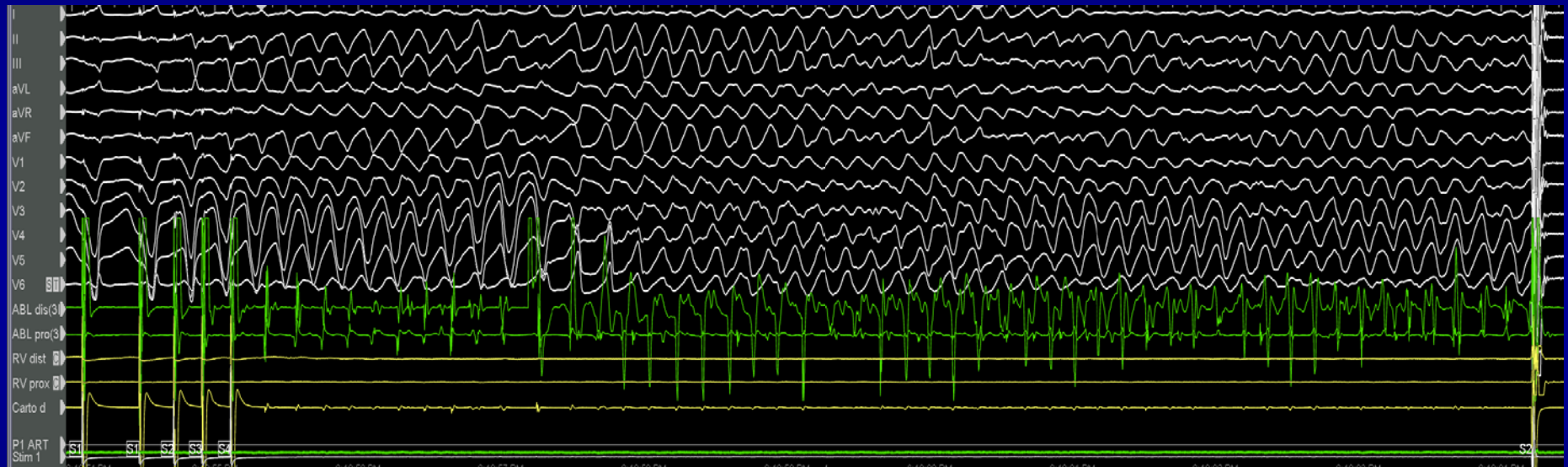
# Recurrent VT/VF episodes



2015-10-04

2015-12-22

# VT conversion to VF

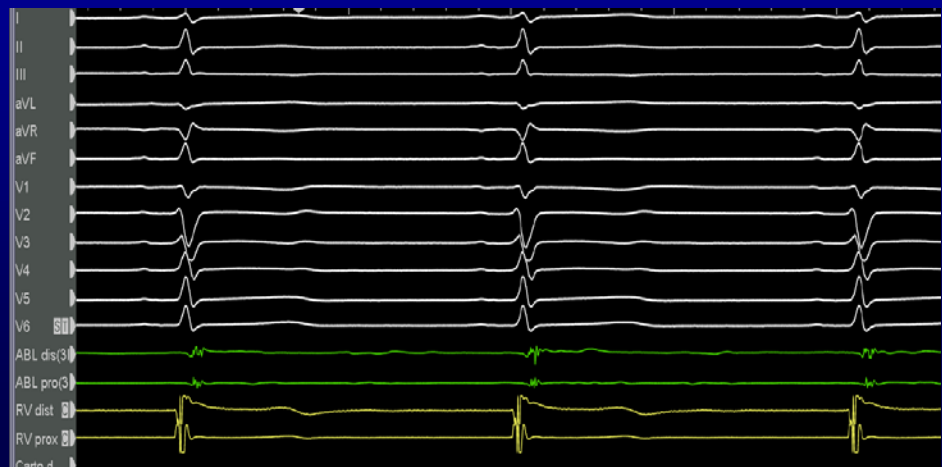
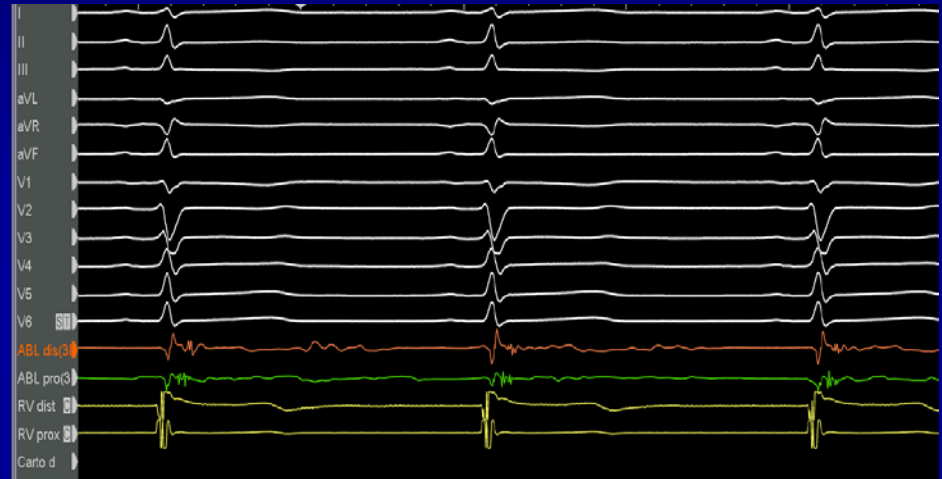
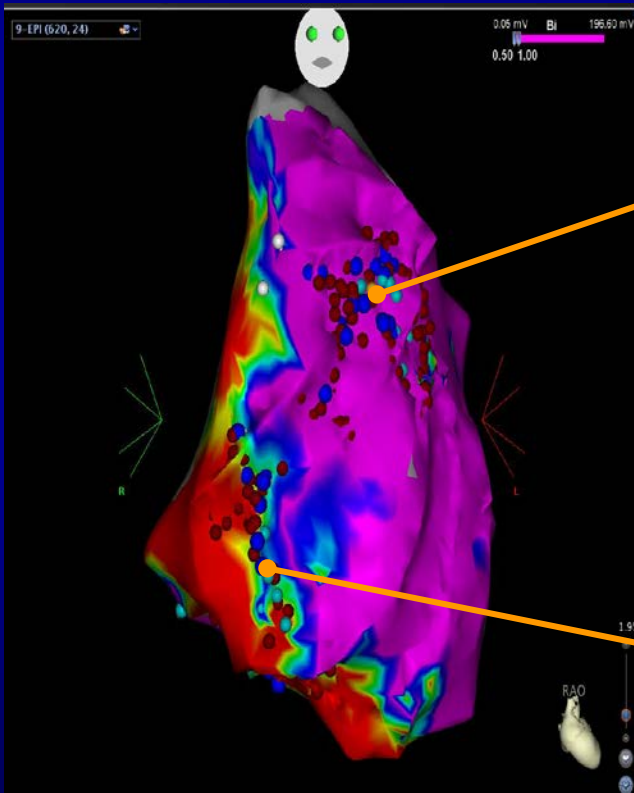


Termination with cardioversion (200J)



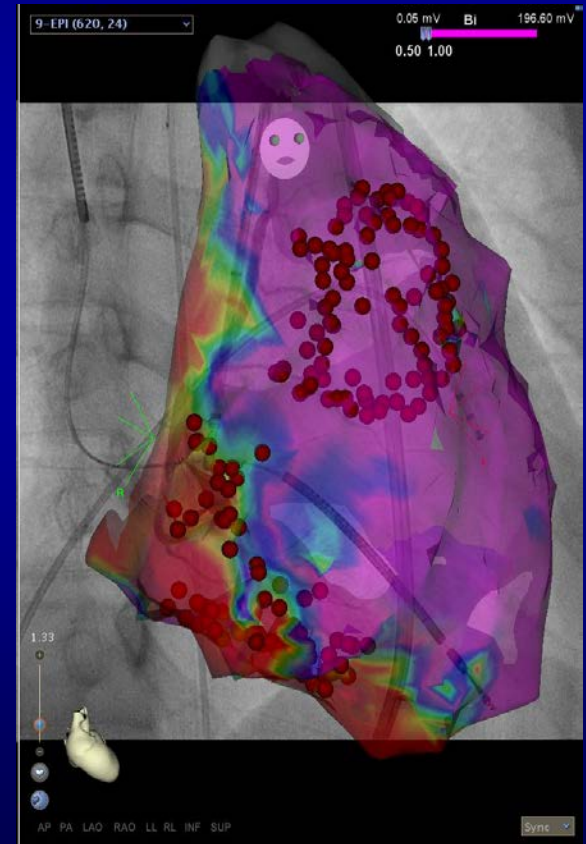
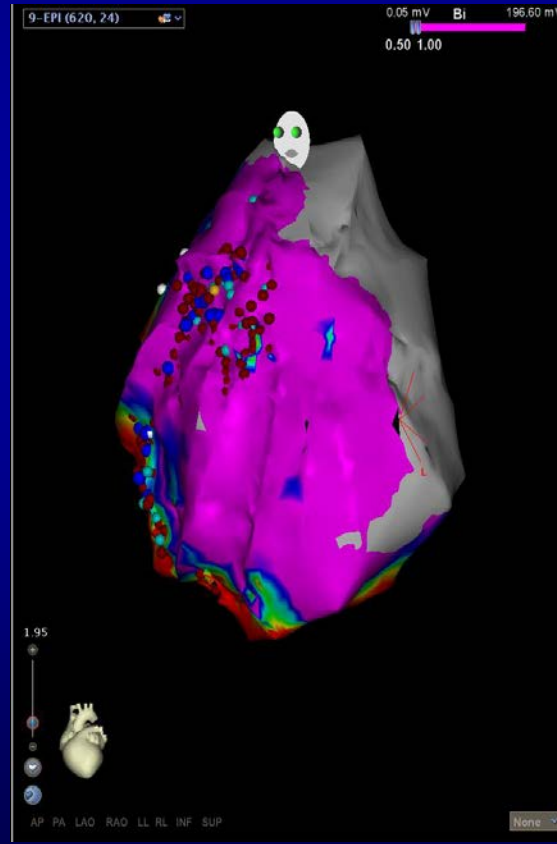
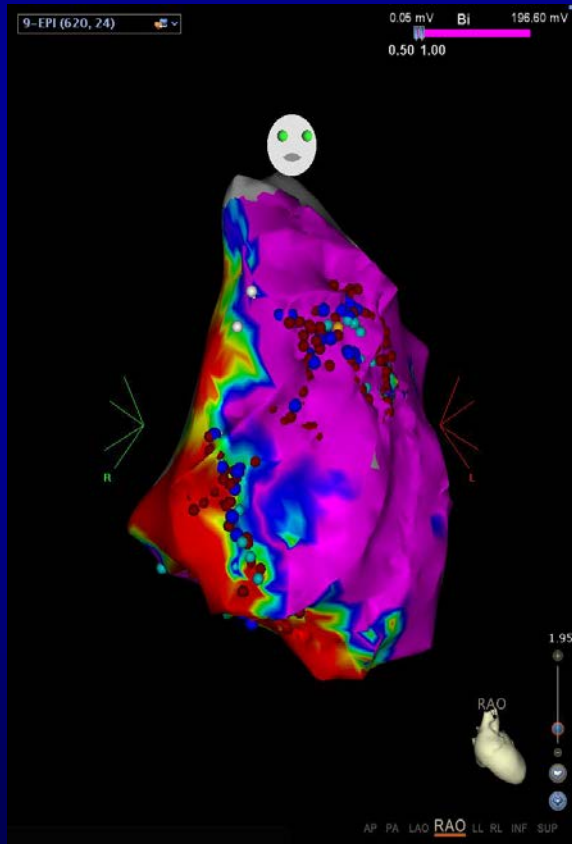
# Epicardial local signals

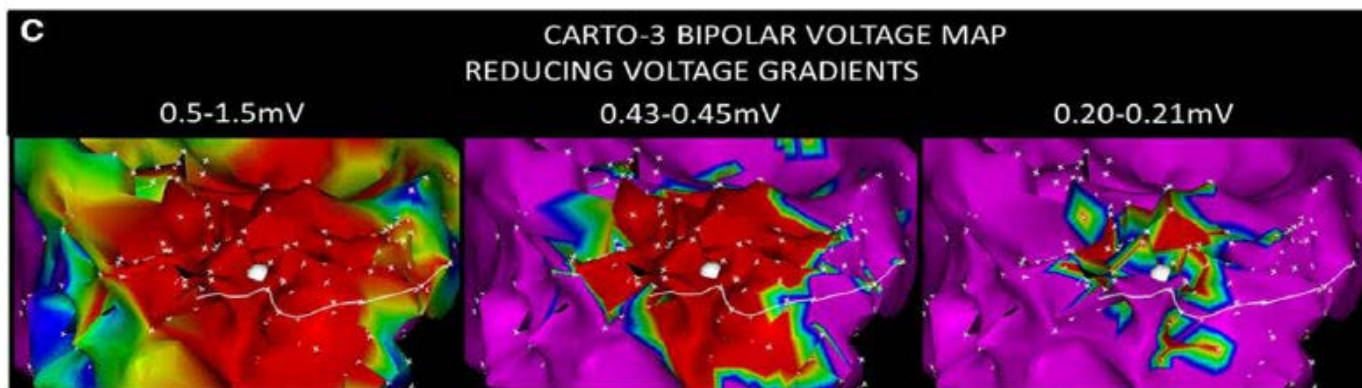
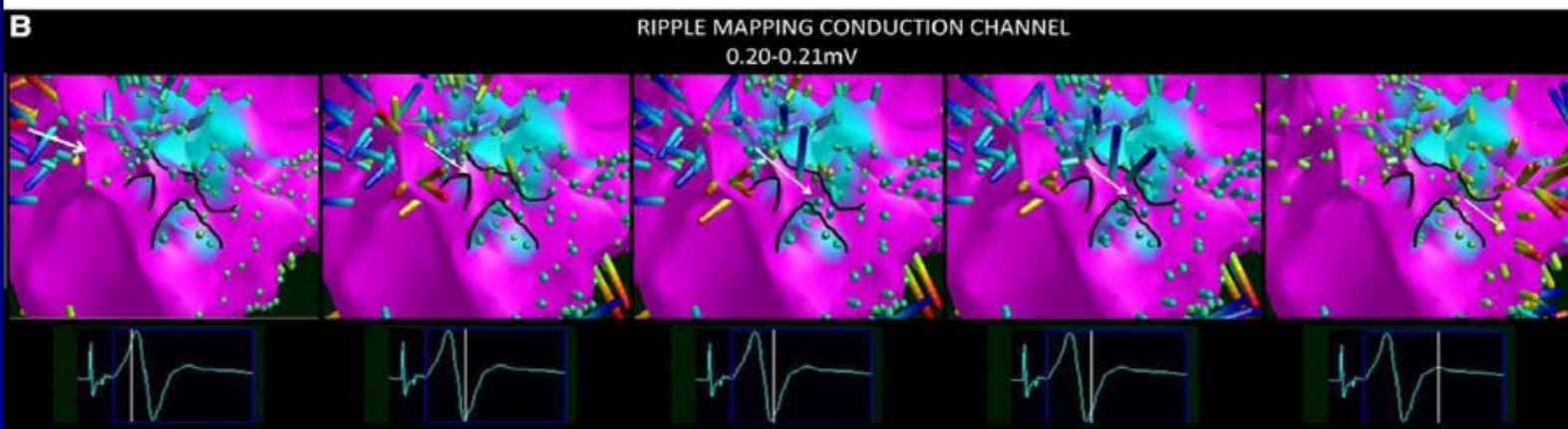
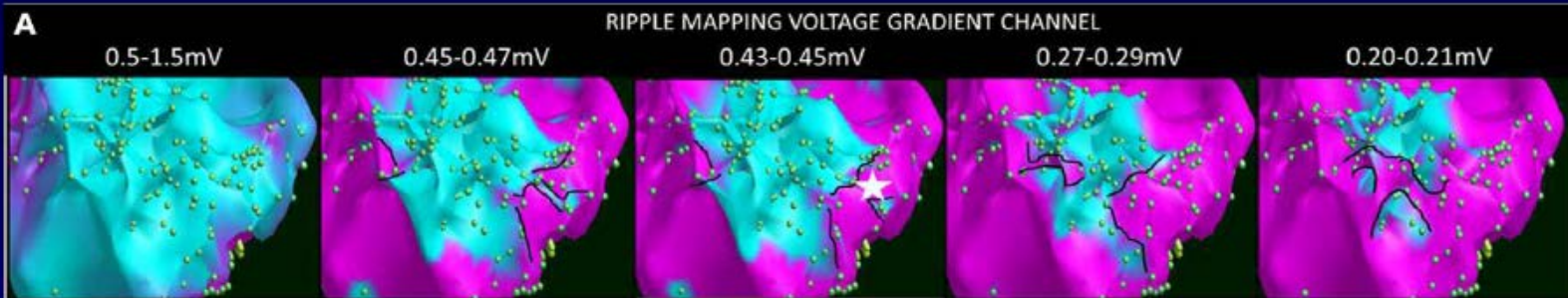
- Late Potentials in RV inferolateral and anterior wall (dark blue dot)



# Epicardial ablation

- Ablation site: RV basal inferolateral and anterior epicardium (dark red dot)



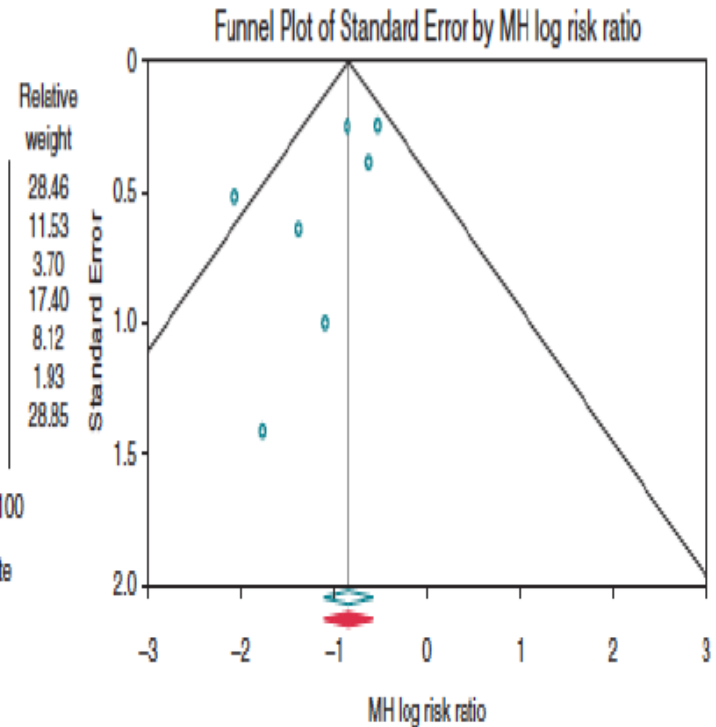
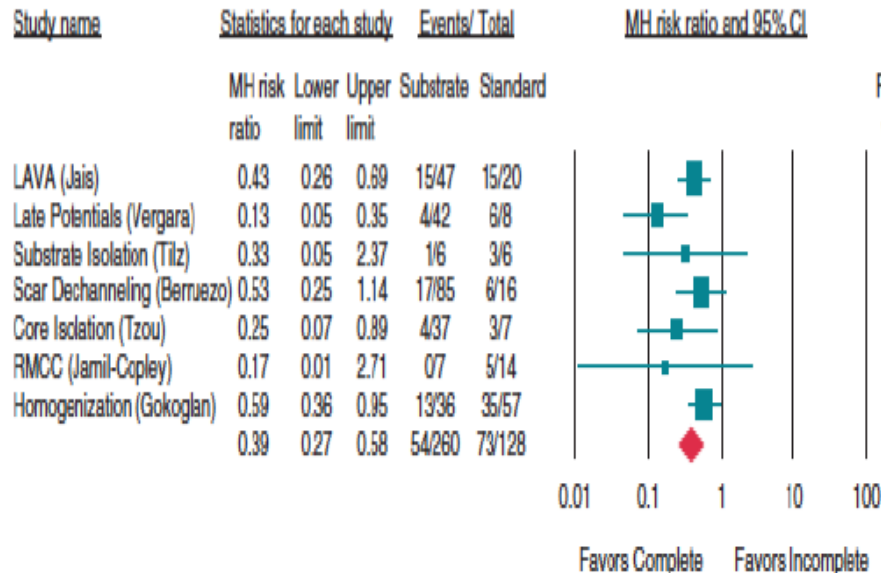


- Identifying Conduction Channels
- Measuring Conduction Velocity
- Ablation at the isthmus
- Substrate modification
- Programmed ventricular stimulation (non-inducibility).



# Complete vs. Incomplete Substrate Modification

## Ventricular Arrhythmia Recurrence



Random effects models

Heterogeneity:  $\tau^2=7.82$ ;  $\chi^2=8.67$ ;  $df=6$ ;  $P=0.19$ ;  $I^2=30.84\%$

Test for overall effect  $Z=-4.66$  ( $p=0.00$ )



**A Scar Dechanneling**

**B Late Potentials and Local Abnormal Ventricular Activities**

**Stevenson  
Berruezo**

**Haïssaguerre**

Ablation of a corridor of consecutive LGMs with delayed components (conducting channels) and subsequent ablation of the entrance region.

LTA: Ablation of low-voltage LGM ( $< 1.3$  mV) with a single component or multiple consecutive delayed components, recorded after the scar (NSR).

LAVA: Ablation of sharp high-frequency atrioventricular potentials (LAVA) from the ventricle during late potentials (LTP).

**C Core Isolation**

**D Homogenization**

**Marchlinski**

**Natale**

Isolation of the area that incorporates critical VT circuit elements.

Ablation lesions aimed to cover the entire scar (homogenization of the scar) surgically all abnormal electrograms.

As a result, the same!

[Download high-res image \(589KB\)](#)   [Download full-size image](#)

Fig. 4. Strategies for substrate-based ablation. Areas between channels often have electrical activity giving rise to VT substrates (*thunderbolts*); thus, elimination of scar related potentials is a relevant ablation goal and is the basis of different substrate-based ablation strategies. (A) Scar dechanneling, (B) ablation of LPs and LAVAs, (C) CI (core isolation), and (D) homogenization of the scar. NSR, normal sinus rhythm.

12-lead ECG of VT/ICD EGM  
Optimization of fluid status  
Assess hemodynamic tolerance of VT  
Need for General Anesthesia  
Need for Coronary artery angiography  
Endocardial and Epicardial access planning

Substrate Characterization - High-density Voltage Map (bipolar and unipolar)  
Abnormal Electrogram characterization and tagging

Induced VT

Hemodynamic stable  
Mappable VT

Entrainment Mapping  
Ablation of critical VT sites

Limited Substrate Ablation

Bipolar Signal Attenuation  
Increase in Local Capture threshold  
Disappearance of Isolated/Late Potentials

Hemodynamic unstable  
Unmappable VT

Limited Entrainment

Pacemap /Channel Mapping  
Late Potential  
Fractionated Potentials  
Pace mapping

Targeted Substrate Ablation

Eliminate the clinical VT and all the induced  
VTs with cycle length >250 ms

Noninducibility at end of procedure  
NIPS 48 h post procedure

# In Memory of Mark Josephson

Last Year, during the VT Symposium 2016 in New York he said:

## Why VT ablations is not so successful

*“Inability to define activation of true circuit makes it impossible to identify the “substrate” responsible for the VT.*

*I think this explains a little bit why most scar related VT ablation are not so successful as we'd like it to be.*

*At least with 1 or 2 or 3 lesions, unless i mean if we did 400 lesions and destroy the heart, there is no VT, and you have no heart”.*

*I think the biggest problem we have is the inability to define the activation of the true circuit, and if you can't define the circuit you can never define the substrate. To go the other way around is backwards.*

감사합니다!